This flat walk, with one very short gradual slope, takes you along part of the Downs Link path. You then return on a footpath parallel to the Downs Link, giving you better views across the meadows. A word of warning though, this route can get very muddy. In fact, the footpath can become flooded during periods of heavy rain. This can be a bonus during the autumn and winter because the area does attract water fowl

- 1. Start from the Downs Link car park next to the Old Station Tavern (not the pub car park). With your back to the car park cross the road turn left, and then immediately right into Station Road and follow the Downs Link sign
- 2. At the bottom of the road turn right into Holland's Lane. Cross the road. You will see the Downs Link sign ahead on your left. Turn left and follow the bridleway for nearly a mile; ignoring any other footpaths to the left or right. At a four-way junction with a five-bar gate across the footpath, walk around it and carry on straight ahead. You will come across this junction on your return journey.
- 3. When you reach the seat you can stop and enjoy the view through a gap in the hedge. In a few minutes you will come across a five-bar farm gate up the embankment on the right-hand side (there may not be a public footpath sign here).
- **4**. Having passed through the gate, turn right between the large gap in the trees and follow the narrow track worn into the grass across the field to the fence. You are now going back on yourself. Pass



through the gate (or over the stile if you cannot get through the gate). Depending on the time of year, the fields to your left may be flooded. Go down the slope and follow the path across the field, keeping the embankments of the Downs Link to your right.

- **5.** Pass through another gate and follow the footpath sign straight ahead. (Do not follow the more obvious worn out path through the grass to the left, but go straight ahead). If the footpath is flooded you may need to take a detour around to the right. If you have to detour try to rejoin the footpath as soon as you can.
- **6**. At the hedge with wire fencing, pass through the wooden gate and over the small footbridge. Follow the footpath sign straight ahead, with

