

This is a very gentle walk along the Downs Link footpath. From there it takes you across the fields, and along a quiet road.

If you are going to the starting point in your car, please avoid parking in the busy surgery car park.

**1.** Join the Downs Link at the bottom of Station Road in Rudgwick. Walk through the car park to the very small set of steps that lead down to the path. Turn right and follow the line of the old railway for about a quarter of a mile. Pass under the bridge and continue walking straight ahead.

**2.** At the four-way footpath sign turn right. Walk up the steps and pass through the gap next to the stile and walk out through the trees into the field. Walk diagonally to your right towards the gate in the far right-hand corner of the field.

**3.** Pass through the gate (or cross the stile if you wish) and walk towards the road. Turn right and walk along the right-hand side road.

**4.** Just after the hump backed bridge that you walked under earlier turn right into the two driveways. Both have Bridleway signs on them. Take the first one heading towards Woodsomes Farm along the concrete track. You are now almost doubling back yourself.



**5.** When you reach the red brick farm buildings on your left turn right through the five bar gate. You are now back on the Downs Link again. Turn right and head back to the starting point, passing under the bridge again.

**6.** After about half a mile turn left up the steps back in to the car park.

