



**FREE  
Open Day**

# Strive for 5!

**Saturday 23rd April**  
9.00am – 5.30pm

**Billingshurst Leisure Centre**  
Station Road, Billingshurst  
**01403 787500**



DC Leisure Management Ltd working in partnership with Horsham District Council.

9.30am – 10.30am	Mini Kick Football	4-8 years
10.30am – 3.30pm	Face Painting	All Ages
10.45am – 2.00pm	Trampolineing	All Ages
10.45am – 2.00pm	Bouncy Castle	All Ages
10.45am – 2.00pm	Soft Play	All Ages
10.45am – 2.00pm	Table Tennis	All Ages
11.00am - 11.55am	Teen Gym	11- 16 years*
12.00noon – 1.30pm	Badminton	All Ages
3.30pm – 4.30pm	Rollerdisco	Beginners/ Intermediate
4.30pm – 5.30pm	Rollerdisco	Advanced

\*only available if you have previously completed an induction

### Workout Classes

9.00am - 9.55am	Step	Adults
10.00am - 10.55am	Body Pump	Adults
11.00am - 11.55am	Zumba	Adults
11.00am - 11.55am	Teen Circuits	11-16 years

### Swimming

12.00noon – 5.00pm	child goes free with full paying adult
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