

**FREE  
Open Day**

# Strive for 5!

**Sunday 24th April**  
10.00am – 1.00pm

**Steyping Leisure Centre**  
Horsham Road, Steyping  
**01903 879666**



**Horsham  
District  
Council**

DC Leisure Management Ltd working in partnership with Horsham District Council.

10.00am - 12.00noon	Table Tennis	7 - 15 years
10.00am – 1.00pm	Trampolining	All Ages
10.00am – 1.00pm	Bouncy Castle	All Ages
10.00am – 1.00pm	Arts and Crafts	All Ages
10.00noon – 1.00pm	Family Badminton	All Ages
10.00am – 1.00pm	Easter Egg Hunt	Children

### Swimming

Children go free with a full paying adult to the following fun sessions

9.30am – 12.00noon	Family Floats
2.00pm – 3.15pm	Inflatable Session
3.30pm – 4.30pm	Floats Session

### Exercise Sessions

9.30am - 10.15am	Studio Cycling	Adults
10.30am - 11.25am	Zumba	Adults
11.30am - 12.00noon	Boxercise	Adults
12.00noon - 12.30pm	Kettlebells	Adults