



January – March 2020

Walks Programme



Free, sociable, family friendly walks led by volunteers. No need to book, just turn-up.

Health Walks over easy terrain are aimed at beginners and those with long term health conditions. Health Walks are accredited by the national Ramblers Walking for Health scheme.

Level 2 and 3 Walks are longer, more strenuous and may include hills and stiles. Supported by Horsham District Council these walks are organised in conjunction with other walking groups.

A volunteer walk leader will be at the start of the walk whatever the weather

- We reserve the right to change or cancel a walk without notice
- Please wear suitable clothing and footwear
- Children under 16s must be accompanied by an adult
- Vehicles are parked at owners' risks and parking charges may apply
- We expect walk leaders to be treated with respect at all times

Guidelines for Dog Owners

Dogs are welcome on some walks. Walk leaders are responsible for the safety of walkers and may offer advice or request removal of the dog from the walk if it causes a nuisance. Please:

- Ensure your dog does not run back and forth through a line of walkers
- Clear up after your dog and remember dogs may need a drink of water
- Keep dogs on a lead in a field of sheep, if you encounter cattle and they come towards you, let the dog go as they see dogs as a threat to them and their calves

Download this programme at: <https://www.horsham.gov.uk/leisurepages/Leisure/sports/walking>

To receive printed walks programmes by post every 3 months for a year register and make an online payment of £8 at: https://ebusiness.horsham.gov.uk/outreach/COM_BookletPayments.ofml

This Programme is managed by Horsham District Council which is responsible for the processing of your personal data and is the data controller for all such information. We regard your privacy as very important. Any personal information you provide us with will be dealt with in accordance with our Privacy Policy and the Terms of Use and will only be used in relation to this scheme.

Chatter Cheema, Health Walks Coordinator; 07720 714 306 email: chatter.cheema@horsham.gov.uk

Cycle Rides

Easy rides for adults, duration 2.5 – 3 hours led by trained volunteers.

If you would like to join us on a ride but are but are new to cycling or returning after a long break we have rides for beginners on 6th and 20th May in Horsham Park to build confidence. if you would like to join us on the beginners ride email Ian.Ford@horsham.gov.uk and let us know if you require a council bike for the ride

- Meet: **The Forum** - The Forum, Blackhouse Way, Horsham RH12 1NU
Jubilee - Car Park, Horsham Park, off Albion Way, Horsham RH12 1AB
Chesworth - Car park at the end of Queennsway (at the entrance to Pedlar's Way)
BBH - Broadbridge Heath Village Centre, Wickhurst Ln, Broadbridge Heath RH12 3LY

Date	Time	Meet	Type	Route	Distance (miles)
Feb 12 th	10:00	BBH	On-road	To Sumners Ponds	11
Mar 11 th	10:00	BBH	On-road	To Rookwood Golf Club via Warnham	7
Apr 8 th	10:00	BBH	On-road	To Sumners Ponds	11
May 6 th	10:00	Jubilee	Off-road	Beginners ride Horsham Park	2
May 13 th	10:00	BBH	Off-road	To Southwater Country Park	10.5
May 20 th	10:00	Jubilee	Off-road	Beginners ride Horsham Park	2
Jun 10 th	10:00	Chesworth	Mixed	To Southwater Country Park	9
Jul 8 th	10:00	The Forum	Mixed	Shelley Ride	10
Jul 8 th	09:30	The Forum	Cycle path	To meet ride from BBH VC	2
Jul 8 th	10:00	BBH	Off-road	To The Milk Churn Café at Rudgwick	12
Aug 4 th	10:00	The Forum	Mixed	Shelley Ride	10
Aug 12 th	10:00	BBH	Off-road	To Sumners Ponds	10
Sep 7 th	10:00	The Forum	Mixed	Shelley Ride	10
Sep 9 th	1000	BBH	Off-road	To The Milk Churn Café at Rudgwick	12
Oct 14 th	10:00	Chesworth	Mixed	To Southwater Country Park	9
Nov 11 th	10:00	BBH	On-road	To Rookwood Golf Club via Warnham	7

Further details of the rides will be added to the HDC website in January 2020 at:

<https://hdsd.org.uk/Inclusive-Activities/horsham-district-health-rides>

If you require a council bike for the ride please email Ian.Ford@horsham.gov.uk

Activities for older adults at The Bridge Leisure Centre, Broadbridge Heath RH12 3YS

<https://www.placesleisure.org/centres/the-bridge-leisure-centre/centre-activities/older-adults/other-activities/>

£6.70 Full Day £6.70

£4.80 Half Day (Morning or Afternoon)

MONDAYS

09:00 - 16:00 Gym
08:30 - 12:30 Table Tennis
09:30 - 10:00 Circuits
09:30 - 10:30 Walking Netball (2nd & 4th 1s of Month)
09:30 - 12:30 Tennis
10:00 - 10:20 Group Cycling
10:30 - 11:15 Group Cycling
11:30 - 12:30 Ballet Stretch (every second week)
11:30 - 12:30 Tai Chi
12:30 - 13:30 Zumba
13:30 - 14:30 Pilates
13:30 - 16:00 Badminton
13:45 - 15:00 Indoor Climbing (School Term Time only)
14:45 - 15:45 Trampolining

THURSDAYS

09:00 - 16:00 Gym
08:30 - 14:00 Table Tennis
09:30 - 12:00 Craft Workshop
09:30 - 12:15 Short Mat Bowls
09:30 - 10:15 Warm-Up Qigong
10:15 - 11:00 Tai Chi
10:00 - 10:45 Tap (Beginners)
10:45 - 11:30 Tap (Intermediate)
11:00 - 11:45 Group Cycling
11:05 - 12:05 Keep Fit
12:30 - 13:30 Pilates
13:30 - 14:30 Aerobics
13:00 - 16:00 Badminton
15:00 - 16:00 Yoga
10:30 - 13:00 Archery

WEEKLY WALKS

Mon 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health

Walk 1001. Meet Sussex Barn pub car park, off North Heath Lane, junction with St Mark's Lane, RH12 5PJ. Choose 30 or 75 mins gentle walk around the North Heath area riverside. Refreshment and toilets in pub.
Ann & John 01403 268885

Tue 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2

Walk 2003. Meet at Horsham Park bandstand by café, RH12 1RJ. Walk through town, Causeway, Denne Hill and return by a gentle descent via Pedlars Way and Chesworth Farm. Can be muddy. Refreshments & toilets in café. No dogs. *Except school hol weeks, check date in listings or ring* Carol 01403 263201

Wed 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health

Walk 1007. Meet at bandstand in Carfax (RH12 1FD). Choose a 30 or 60 mins flat walk on good paths, an incline under Albion Way, around park and pond. Suitable for elderly and those recovering from illness. Wheelchairs and buggies welcome. Stop for a coffee in Conservatory Café. Dogs must be kept on a lead.
Emmy 01403 255517 or Wyn 01403 256630 or Doreen 01403 230293

Thu 11:00am Billingshurst (2) 2.3 miles 60 mins Health

Walk 1013. Meet at Billingshurst Library, Mill Lane, RH14 9JZ. Walk around Billingshurst's footpaths or Jubilee Fields. Stay for coffee afterwards. Can be muddy, wear suitable footwear. Dogs on leads allowed.
Parking 75p per hour - annual parking permits are available Chris 01403 782745

Fri 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health

Walk 1002. Meet outside St Mary's Church in Causeway, Horsham, RH12 1HE. Walk along public footpaths and private estates by special permission through farmland or edge of woodland. No stiles, gentle slopes. Wheelchairs and buggies welcome. Keep dogs on lead if passing sheep or cattle. FREE tea, coffee, juice, hot soup, hot chocolate and biscuits. FREE dog biscuits and water for doggies! Toilets in St Mary's Church.
Peter and Viv Tobutt 01403 260783

January

- Wed 1 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 1 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Win 01403 256630 Emmy 01403 255517
- Thu 2 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 3 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 3 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 4 2:00pm Rackham Hill 2.7 miles 1 hr 15 mins Level 2**
Walk 2043. Meet in Kithurst Hill car park (TQ070124). The car park is off the Storrington to Amberley Road (B2139). It is a left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. Rackham hill provides stunning views over Parham Park and Amberley Wildbrooks. Refreshments provided and dogs welcome. Mick 01903 745971
- Sun 5 10:00am Chanctonbury Ring (1) 3 miles 1 hr 15 mins Level 3**
Walk 3016. Meet in the Washington South Downs Way Car Park (TQ120119). Chanctonbury Ring dates back to the Bronze Age and is a significant landscape feature for many of us living in Horsham District. The walk is an opportunity to visit this special site and enjoy extensive views into the bargain. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 5 10:30am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751
- Mon 6 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 7 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and refreshments are available in the Countryside Centre. Toilets are located next to the Countryside Centre. No dogs. Peter 07923 466366 or Emmy 01403 255517
- Tue 7 10:00am Leith Hill 5 miles 2.5 hrs Level 3**
Walk 3129. Meet at the National Trust's Starveall Corner car park (free parking) on the Leith Hill to Abinger Common road (TQ 131432), (nearest post code for sat nav RH5 6LS). A circular walk through woodland, open fields and heathland. No stiles but several hills with loose stones and roots underfoot,. Stunning views from several vantage points including Leith Hill Tower, where we stop for refreshments near the end of the walk. Lynne 01403 268157
- Tue 7 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543

January

- Wed 8 10:30am Horsham Park Stroll** **1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293 Win 01403 256630
- Thu 9 11:00am Billingshurst (2)** **2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 10 10:30am St Mary's Church, Horsham** **2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 10 11:00am Barns Green (1)** **2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 0PT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 11 9:00am Wiston/Steyning Downland Dog Walk** **2 miles 75 mins Level 2**
Walk 2163. Meet at Steyning Cricket Pavilion, BN44 3LE. Please park in one of the Steyning car parks as there is limited parking at cricket pavilion. A walk for dog owners into accessible areas of the Steyning Downland Scheme and includes a hill. Supported by HDC & Steyning Downland Scheme. Maximum of two dogs per handler, you are responsible for actions of your dog. Ann 01903 297553
- Sat 11 10:00am Itchingfield** **4.5 miles 2 hrs Level 2**
Walk 2056. Meet outside Itchingfield Primary School, Fulfords Hill, Itchingfield, RH13 0NT (TQ132287). We walk towards Muntham House school and on towards Barns Green, pausing for a few minutes in the delightful Memorial Garden near the village green. We continue on to pass twice under the railway line and return via Marlands to the school. Some stiles. Can be muddy. No dogs please, as we may encounter livestock. If it is a nice day bring along a snack for a little picnic in the Memorial Garden. Liz 01403 263920 or Simon 01403 260599
- Sat 11 2:00pm Under the Downs** **3.6 miles 1 hr 45 mins Level 2**
Walk 2037. Meet at Storrington Rec. Ground C.P Car Park RH20 4BG. This is a short walk towards the bottom of the South Downs escarpment, it then returns via the Church and Glebe Meadow. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 12 10:00am Washington Common & The Downs** **5 miles 2.5 hrs Level 3**
Walk 3003. A lovely circular walk which includes National Trust woodland, Sullington Hill and the South Downs Way. Great views. Some very steep steps and stick(s) are advised. Dogs welcome. Refreshments provided after the walk. Meet at Georges Lane National Trust Car park RH20 4AG (TQ114140). Mick 01903 745971
- Mon 13 10:30am Horsham Going South** **3 or 5 miles 2.5 hrs Level 2**
Walk 2064. Meet at the Hop Oast Park and Ride, Horsham Worthing Road, RH13 0AR. Bus 23 and 98 from Horsham takes you to the Park and Ride. Free parking all day. Delightful circular walk taking in views and the centre of Horsham but also reaching out into the lovely green spaces south of Horsham. If walkers would like to stop for a coffee/ lunch in Horsham they can, and catch the bus back afterwards. No dogs. Jill 07780 701184
- Mon 13 10:45am North Heath, Horsham** **2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 14 10:00am Warnham (1)** **2+ miles 60 - 90 mins Health**
Walk 1006. Meet at Village Hall car park in Hollands Way, RH12 3RH (TQ156335). Some gentle slopes and may be muddy. No dogs. If snow or ice please ring first Emmy 01403 255517
- Tue 14 12:00pm Conservatory Café, Horsham Park** **3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme Carol 01403 263201

January

- Wed 15 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 15 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293 Win 01403 256630
- Wed 15 11:00am Rookwood Golf Course Riverside Walk 2.6 miles 75 mins Health**
Walk 1017. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk uses the 'Riverside Walk' between Warnham Mill Bridge and Farthing Bridge. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs. Michael 07719 467861
- Thu 16 10:00am The Royal Oak, Wineham towards Cowfold 5 miles 2.5 hrs Level 2**
Walk 2095. Meet in the pub car park, Wineham Lane, BN5 9AY (TQ236206). A flat circular walk mostly on lanes and firm tracks within the countryside between Wineham and Cowfold. However, could be wet and muddy in places with some stiles. No dogs. Very good food and drink available in this old traditional pub after the walk. Geoff 01403 258180
- Thu 16 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 17 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 17 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 18 2:00pm Thakeham Circular 3 miles 1.5 hrs Level 2**
Walk 2040. Meet in Thakeham Church car park, RH20 3EP. This popular short walk explores the tracks, footpaths and byways north of Thakeham Village. Parts of this route can be wet and muddy. Dogs welcome. Refreshments provided. Not suitable for buggies as the route includes stiles. Mick 01903 745971
- Sun 19 10:00am Wiggonholt Common and Parham Park 5.2 miles 2 hrs Level 3**
Walk 3036. Meet in the RSPB Wiggonholt Overflow Car Park, RH20 2EL. This walk takes us through the RSPB reserve and from there along quiet roads and footpaths to Parham Park grounds with its veteran trees and herd of deer. Dogs welcome, refreshments provided. Mick 01903 745971
- Sun 19 10:30am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751
- Mon 20 10:00am Pitch Hill Circular 6.5 miles 3 hrs Level 3**
Walk 3086. Park and meet at the car park near the quarry, GU6 7NN (TQ079426), 300 yards on the right beyond the Windmill Public House north of Ewhurst village. This walk, which includes some climbs, will take us though mainly woods in the Hurtwood area. We will take a refreshment break at the Peaslake Village shop at just over two thirds of the walk. The route which follows in part the Greensand Way should reward us, towards the end of the walk, with magnificent views south from Pitch Hill. Dogs welcome. Mike 07855 502023
- Mon 20 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme

January

Tue 21 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and refreshments are available in the Countryside Centre. Toilets are located next to the Countryside Centre. No dogs.
Peter 07923 466366 or Emmy 01403 255517

Tue 21 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre.
Ann 01903 297553 / Jacky 01903 815543

Tue 21 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2
Walk 2003. See Weekly Walks at start of Programme
Carol 01403 263201

Wed 22 10:30am Storrington Riverside Walk 2.5 miles 90 mins Health
Walk 1507. Meet at Storrington Recreation Ground Car Park, RH20 4PG. Come and explore Storrington's lovely Riverside Walk. This flat, well surfaced walk is ideal for people who want an easy walk with pleasant views. Suitable for children's buggies. Dogs welcome, no stiles or hills. Refreshments provided.
Mick 01903 745971

Wed 22 10:30am Cowfold (2) - Snowdrop walk 4.8 miles 2.5 hrs Level 2
Walk 2060. Meet in the middle of the village at the football field, at the junction of Farthing Cottages and the A272, RH13 8BL (TQ214225). Gentle flat circular walk through quiet lanes and paths, with some stiles. WILL be wet and muddy in places. May see snowdrops. No Dogs.
Jill 07780 701184

Wed 22 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health
Walk 1007. See Weekly Walks
Win 01403 256630 Emmy 01403 255517

Thu 23 11:00am Billingshurst (2) 2.3 miles 60 mins Health
Walk 1013. See Weekly Walks at start of Programme

Fri 24 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health
Walk 1002. See Weekly Walks at start of Programme

Fri 24 11:00am Barns Green (1) 2 miles 60 mins Health
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 0PT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome.
Chatter 07720 714306

Sat 25 9:00am Gumber & Great Down 7.5 miles 3.5 hrs Level 3
Walk 3119. This walk explores two varied and interesting downland locations: parts of the National Trust Slindon Estate's Gumber Farm, and the Forestry Commission's Houghton Forest. It includes Monarch's Way and the Roman road at Bignor. Dogs welcome. Please bring hydration and snack(s). Refreshments provided after the walk. Meet at the car park just off the Whiteways roundabout at the junction of the A29 and A284, BN18 9FD.
Mick 01903 745971

Sat 25 2:00pm Fryern Park 3 miles 1 hr 15 mins Level 2
Walk 2042. Meet at Storrington Rec. Ground C.P Car Park RH20 4BG. This lovely short walk offers uninterrupted views towards the South Downs as route goes through Fryern Park with its landscaped pleasure gardens and waterfall. Some stiles. Dogs welcome. Refreshments provided.
Mick 01903 745971

Sat 25 10:30am Slinfold (7) 5 miles 2 hrs 15 mins Level 2
Walk 2242. Meet Red Lyon PH car park (The landlord requests that if the gate is open, please park in the field rather than the main car park). The Street, RH12 ORR. Walk past the church and on up to Hill House. Follow the path through woodland and fields to cross the river on the way to Nowhurst Farm. We return via Cooks Lane, Rapkyns and Theales Farm. Good beer and food in the pub. Sorry no dogs.
Liz 01403 263920 or Simon 01403 260599

January

- Sun 26 10:00am Kings Building and Houghton Forest 4.3 miles 1 hr 45 mins Level 3**
Walk 3147. Meet at the car park just off Whiteways roundabout BN18 9FD at the junction of A29 and A284. This leisurely downland walk incorporates parts of the Southdowns and Monarchs Ways as well as enjoying walking through Houghton Forest. Dogs welcome. Refreshments provided. Mick 01903 745971
- Mon 27 10:00am West Chiltington (2) 5 miles 2.5 hrs Level 2**
Walk 2100. Meet West Chiltington Rec ground CP, Mill Road, RH20 2PZ. Five mile walk around the village, with some interesting views and church or two and through nursery land. Some stiles. Dogs allowed on leads through the private paths and farmland. Irene 01403 783637 / 07790 420752
- Mon 27 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 28 10:00am Leechpool & Owlbeech Woods (1) 2 – 3 miles 60 - 90 mins Health**
Walk 1005. Meet at Leechpool Wood car park (Roffey End), Harwood Road (B2195), Horsham (TQ194313). Gentle slopes, some narrow paths, can be muddy, generally easy walking. Various routes. First timers and families very welcome. No dogs. Emmy 01403 255517
- Tue 28 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme Carol 01403 263201
- Wed 29 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 29 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293 Win 01403 256630
- Thu 30 10:00am Barns Green going South 5 miles 2.5 hrs Level 2**
Walk 2170. Meet in the car park above the Village Hall, Barns Green RH13 0PT (approached across the yellow road markings at the front of the village hall). A fairly flat walk, with a couple of inclines, through fields and woodland. 5+ stiles. Can be muddy. No dogs. Lynne 01403 268157
- Thu 30 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 31 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 31 10:30am Westlake House Walk 2 miles 60 mins Health**
Walk 1551. Meet Westlake House, Pondtail Road, Horsham. Park on Pondtail Road OR Metrobus 61 which stops just outside Westlake House (bus stop is Cottingham Avenue). Join us for a mud free winter amble around the beautiful northern part of Horsham's secret Riverside Walk. Stout shoes advised. Afterwards we have been warmly invited into Westlake House Community Cafe for a free coffee or tea and cake. Jill 07780 701184
- Fri 31 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751

February

- Sat 1 2:00pm Kithurst South Circular 3 miles 1.5 hrs Level 2**
Walk 2046. Meet at Kithurst Hill car park (TQ070124). Enjoy the beauty of the South Downs on this walk in an easy and relaxed way. The Car Park is off the Storrington to Amberley Road (B2139). Take the left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk is level and has no steep hills. Dogs welcome. Refreshments provided.
Mick01903 745971
- Sun 2 10:00am The Burgh 4.5 miles 1 hr 45 mins Level 3**
Walk 3023. Meet at Kithurst Hill car park (TQ070124). A pleasant walk which takes us into the very heart of the South Downs. The Car Park is off the Storrington to Amberley Road (B2139). It is a left turn 1.3 miles from Tesco's roundabout in Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk includes a long gentle incline. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 2 10:30am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs.
Alex 01403 273751
- Mon 3 10:00am Holmbury Hill 6 miles 2 hrs 45 mins Level 3**
Walk 3122. Meet in the car park of the Holmbury St. Mary Village Hall (located at the end of Felday Glade in Holmbury St Mary off the B2126 Horsham Road) (road runs beside the Royal Oak Public House in Holmbury St. Mary) RH5 6PG (TQ107441). A hilly circular walk through the wooded Hurtwood Estate with an optional coffee stop at the Peaselake Village Shop on route. We will get fine views from Holmbury Hill, weather permitting.
Mike 07855 502023
- Mon 3 10:00am Coldwaltham 5 miles 2.5 hrs Level 2**
Walk 2125. Meet at the Labouring Man pub car park in Coldwaltham Village (Old London Rd). Please only park in pub car park if you are staying for a drink or food after the walk. Our walk takes us past the church on an enclosed path then on a quiet road till we reach woodland bringing us to the outskirts of Fittleworth. We follow the Serpent Trail to the Lords Piece, a beautiful ridge on heathland where we will stop for a short break. We then return to Coldwaltham around 12.30pm.
Irene 01403 783637 / 07790 420752
- Mon 3 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 4 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and refreshments are available in the Countryside Centre. Toilets are located next to the Countryside Centre. No dogs.
Peter 07923 466366 or Emmy 01403 255517
- Tue 4 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre.
Ann 01903 297553 / Jacky 01903 815543
- Tue 4 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme
Carol 01403 263201
- Wed 5 10:30am Scarlett Arms, Walliswood 3.5 miles 1 hr 45 mins Level 3**
Walk 3040. Park in the car park opposite the pub (RH5 5RD). Turn West off A24 along the A264 following signs to Rudgwick and Guildford. Continue along Guildford Road (A281) to the Clemsfold roundabout, turn right on the A29 then immediately left into Rowhook Road. Drive for approx 3 miles past The Chequers at Rowhook. Ignore first turning to the right Look for Wienerberger on your left. Turn right to Walliswood (by red post box on left) Continue to car park opposite The Scarlett Arms. A lovely walk which includes passing through Surrey Wildlife Trust conservation area, the tiny hamlet of Mayes Green and one steep incline with views to the North Downs. Leith Hill tower is just visible amongst the trees on the skyline. No dogs.
Pauline 07779 671568 or Douglas 01403 268807

February

- Wed 5 10:30am Horsham Park Stroll** **1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293 Win 01403 256630
- Thu 6 10:00am Broadbridge Heath Circular** **4.5 miles 2 hrs 15 mins Level 2**
Walk 2211. Meet at The Green, Broadbridge Heath, junction of Old Guildford Road / Broadbridge Heath Road, RH12 3JY (TQ149317). Lay-by and on-street parking. A mostly level walk along hard tracks (including the Downs Link) and across fields. Some interesting features along the route. 2 stiles. May be wet and muddy. No dogs. Lynne 01403 268157
- Thu 6 11:00am Billingshurst (2)** **2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 7 10:30am St Mary's Church, Horsham** **2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 7 11:00am Barns Green (1)** **2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 8 9:00am Wiston/Steyping Downland Dog Walk** **2 miles 75 mins Level 2**
Walk 2163. Meet at Steyping Cricket Pavilion, BN44 3LE. Please park in one of the Steyping car parks as there is limited parking at cricket pavilion. A walk for dog owners into accessible areas of the Steyping Downland Scheme and includes a hill. Supported by HDC & Steyping Downland Scheme. Maximum of two dogs per handler, you are responsible for actions of your dog. Ann 01903 297553
- Sat 8 10:00am Warnham (2)** **3 miles 1 hour 45 mins Level 2**
Walk 2027. Meet car park of the Village Hall of Hollands Way, RH12 3RH (Second left if approaching from Broadbridge Heath). Walk across playing fields and through part of the village to a wooded path, leading to farmland and good views of the Sussex countryside. Return to bridle path towards Warnham Manor and pond. We return to the village via the deer farm and Baling Hill. Some slopes and stiles. Can be muddy. Well behaved dogs on a lead are welcome. Liz 01403 263920 Simon 260599
- Sat 8 2:00pm Roundabout West Chiltington** **3.8 miles 1 hr 45 mins Level 2**
Walk 2166. Meet at West Chiltington Village Hall, RH20 2PZ. A lovely varied walk around West Chiltington. Dogs welcome, refreshments provided. Mick 01903 745971
- Sun 9 10:00am Houghton Forest & Bignor Hill** **5 miles 2.5 hrs Level 3**
Walk 3022. This walk takes in the South Downs Way, Monarch's Way, Bignor Hill and Houghton Forest. It affords wonderful views over Bury and Bignor, and includes a steep hill. Dogs welcome. Refreshments provided after the walk. Meet at the car park just off the Whiteways roundabout at the junction of the A29 and A284, BN18 9FD. Mick 01903 745971
- Mon 10 10:45am North Heath, Horsham** **2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 11 10:00am The Star Inn, Rusper Going South** **5.8 miles 2 hrs 45 mins Level 2**
Walk 2179. Meet in the pub car park in the centre of Rusper (RH12 4RA, TQ206372). A mostly flat circular walk through woods and farmland heading south towards Faygate via Lambs Green. Some stiles. Can be muddy in places. Good food and drink in the Star after the walk. No dogs. Geoff 01403 258180
- Tue 11 10:00am Warnham (1)** **2+ miles 60 - 90 mins Health**
Walk 1006. Meet at Village Hall car park in Hollands Way, RH12 3RH (TQ156335). Some gentle slopes and may be muddy. No dogs. *If snow or ice please ring first* Emmy 01403 255517
- Tue 11 12:00pm Conservatory Café, Horsham Park** **3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme Carol 01403 263201

February

- Wed 12 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 12 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Win 01403 256630 Emmy 01403 255517
- Thu 13 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 14 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 14 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 15 2:00pm Sullington Church 3.3 miles 1.5 hrs Level 2**
Walk 2049. Meet at Storrington Recreation Ground Car Park, RH20 4BG. This walk takes us to picturesque Sullington Church which is tucked away at the foot of the South Downs. The route is flat and easy. Dogs welcome. Refreshments provided. Mick01903 745971
- Sun 16 10:00am Lee Farm (2) 5.2 miles 2 hrs Level 3**
Walk 3011. Meet in Kithurst Hill car park (TQ070124). This walk takes us to historic Lee Farm in the heart of the South Downs behind Storrington. The Car Park is off the Storrington to Amberley Road (B2139). Take the left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk includes a steep hill. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 16 10:30am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751
- Mon 17 10:00am Ranmore Common circular above Denbies 5 miles 2 hrs 15 mins Level 3**
Walk 3155. Meet at the Denbies Hillside National Trust car park on Ranmore Common Road, RH5 6SR (TQ141503). Please note there is a parking charge for non National Trust members. A circular walk, initially following the North Downs Way, before passing the remains of the 13th century Westhumble chapel. Some steep hills and possibly mud. Well behaved dogs under close control welcome. Graham 07894 735532
- Mon 17 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 18 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and refreshments are available in the Countryside Centre. Toilets are located next to the Countryside Centre. No dogs. Peter 07923 466366 or Emmy 01403 255517
- Tue 18 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543

February

Wed 19 10:30am Storrington Riverside Walk 2.5 miles 90 mins Health
Walk 1507. Meet at Storrington Recreation Ground Car Park, RH20 4PG. Come and explore Storrington's lovely Riverside Walk. This flat, well surfaced walk is ideal for people who want an easy walk with pleasant views. Suitable for children's buggies. Dogs welcome, no stiles or hills. Refreshments provided.
Mick 01903 745971

Wed 19 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health
Walk 1007. See Weekly Walks
Doreen 01403 230293 Win 01403 256630

Wed 19 11:00am Rookwood Golf Course Riverside Walk 2.6 miles 75 mins Health
Walk 1017. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk uses the 'Riverside Walk' between Warnham Mill Bridge and Farthing Bridge. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs.
Michael 07719 467861

Thu 20 10:00am Southwater Footpaths and Lanes (1) 5.5 miles 2.5 hrs Level 2
Walk 2217. Park in the car park of the Country Park, (off Cripplegate Lane, RH13 7UN, TQ161259). Mainly flat, circular walk along quiet footpaths, tracks and lanes. Two stiles. Good views to the South Downs. We are likely to encounter cattle. The cafe at the Park will be open for coffee and/or lunch. No dogs. *No parking charge.*
Lynne 01403 268157

Thu 20 11:00am Billingshurst (2) 2.3 miles 60 mins Health
Walk 1013. See Weekly Walks at start of Programme

Fri 21 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health
Walk 1002. See Weekly Walks at start of Programme

Fri 21 11:00am Barns Green (1) 2 miles 60 mins Health
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306

Sat 22 10.00am Newbridge Nurseries 5 miles 2 hrs 15 mins Level 3
Walk 3153. Meet at the far end of Newbridge Nurseries carpark Broadbridge Heath (now owned by Blue Diamond). We walk to Lower Broadbridge Heath Farm and then on through fields to Rapkyns. We follow Cooks Lane to the A281 and cross over to the boundary of Farlington School. Then we walk to Byfleets Lane and continue on to the outskirts of Broadbridge Heath village. We return to our starting point via the village and new paths to Newbridge Nurseries. Dogs must be kept on a lead. Join us in the Newbridge Nurseries cafe/restaurant for refreshments.
Liz 01403 263920 or Simon 01403 260599

Sat 22 2:00pm Cootham 3 miles 1.5 hrs Level 2
Walk 2047. Meet at Storrington Recreation Ground Car Park, RH20 4BG. It is an easy flat route and suitable for all abilities. Dogs welcome. Refreshments provided.
Mick01903 745971

Sun 23 10:00am North Stoke 7.4 miles 3 hrs Level 3
Walk 3065. Meet in Kithurst Hill car park (TQ070124). This longer walks explores the South Downs above Amberley before dropping down to North Stoke, then it wends back towards the South Downs Way. The car park is off the Storrington to Amberley Road (B2139). Take the left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk includes a steep hill. Dogs welcome. Refreshments provided.
Mick 01903 745971

Mon 24 10:30am Chesworth Wander 4 miles 2 hrs Level 2
Park at Hillier Garden Centre site, Brighton Road, Horsham, RH13 6QA (TQ187296), on the gravel farthest away from the entrance. Bus 17 from the Carfax stops right outside the Garden Centre. Leaving Hillier we walk towards Chesworth Farm on parts of the Riverside Walk and travel various pathways around the Farm, returning to Hillier. Refreshments and toilets available in the cafe. Can be muddy. Dogs welcome.
Jill Shuker 07780 701184

Mon 24 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health
Walk 1001. See Weekly Walks at start of Programme

February

Tue 25 10:00am Leechpool & Owlbeech Woods (1) 2 – 3 miles 60 - 90 mins Health
Walk 1005. Meet at Leechpool Wood car park (Roffey End), Harwood Road (B2195), Horsham (TQ194313). Gentle slopes, some narrow paths, can be muddy, generally easy walking. Various routes. First timers and families very welcome. No dogs. Emmy 01403 255517

Tue 25 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2
Walk 2003. See Weekly Walks at start of Programme Carol 01403 263201

Wed 26 10:00am Henfield Byways 2-3 miles 1 hr Health
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671

Wed 26 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health
Walk 1007. See Weekly Walks Doreen 01403 230293 Win 01403 256630

Thu 27 10:00am Ockley Forest Green 5.3 miles 2.5 hrs Level 2
Walk 2107. Park/meet in the car park just off the A29 on the Horsham side of the village cricket field (TQ146399). A fairly flat circular walk mostly over farmland on the Sussex/Surrey border. Good views of the North Downs. Many interesting old farm buildings and houses along the way. Some stiles and wet and muddy in places. No dogs. Geoff 01403 258180

Thu 27 11:00am Billingshurst (2) 2.3 miles 60 mins Health
Walk 1013. See Weekly Walks at start of Programme

Fri 28 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health
Walk 1002. See Weekly Walks at start of Programme

NEW WALK

Fri 28 10:30am Westlake House Walk 2 miles 60 mins Health
Walk 1551. Meet Westlake House, Pondtail Road, Horsham. Park on Pondtail Road OR Metrobus 61 which stops just outside Westlake House (bus stop is Cottingham Avenue). Join us for a mud free winter amble around the beautiful northern part of Horsham's secret Riverside Walk. Stout shoes advised. Afterwards we have been warmly invited into Westlake House Community Cafe for a free coffee or tea and cake. Jill 07780 701184

Fri 28 11:00am Southwater (1) 2.6 miles 75 mins Health
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751

Sat 29 9:00am Three Woods and Sullington Hill 8 miles 4 hrs Level 3
Walk 3138. After walking through our three lovely woods Sullington Warren, Sandgate Park and Warren Hill, we climb up to the South Downs Way and Sullington Hill. From Chantry Post we drop back down to the village via Coldharbour. Stile(s). Great views. Please bring hydration and snack(s). Refreshments provided after the walk. Meet at Storrington Recreation Ground car park RH20 4BG. Mick 01903 745971

Sat 29 2:00pm Nutbourne 3 miles 1.5 hrs Level 2
Walk 2034. Meet West Chiltington Village Hall, RH20 2PZ. One of our prettiest and most varied short walks. We should see vineyards, llamas, a windmill and lovely houses. Dogs welcome, refreshments provided. Mick01903 745971

March

- Sun 1 10:00am Wepham Down 6.5 miles 2 hrs 45 mins Level 3**
Walk 3009. Meet in Kithurst Hill car park (TQ070124). This is a downland walk which explores part of the South Downs National Park. The car park is off the Storrington to Amberley Road (B2139). It is a left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 1 10:30am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751
- Mon 2 10.30am Sedgwick Park Circular 6 miles 2.5 hrs level 2**
Walk 2255. Park at Hillier Garden Centre, Brighton Road. Please drive right down to the bottom of the carpark and park on the gravel. Bus number 17 to Brighton stops outside the Garden centre. Walk goes along the byways and footpaths just south of Horsham. We go down Kerves Lane and then across to Sedgwick Park. Lovely views across Horsham and the south east. There may be horses and cows in the fields we cross, so please no dogs. WILL be muddy in places. The café in the Garden Centre offers tasty snacks at lunchtime. Jill 07780 701184
- Mon 2 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 3 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and refreshments are available in the Countryside Centre. Toilets are located next to the Countryside Centre. No dogs. Peter 07923 466366 or Emmy 01403 255517
- Tue 3 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543
- Tue 3 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme Carol 01403 263201
- Wed 4 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Win 01403 256630 Emmy 01403 255517
- Thu 5 10:00am Broadbridge Heath Circular 4.5 miles 2 hrs 15 mins Level 2**
Walk 2211. Meet at The Green, Broadbridge Heath, junction of Old Guildford Road / Broadbridge Heath Road, RH12 3JY (TQ149317). Lay-by and on-street parking. A mostly level walk along hard tracks (including the Downs Link) and across fields. Some interesting features along the route. 2 stiles. May be wet and muddy. No dogs. Lynne 01403 268157
- Thu 5 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 6 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 6 11:00am Barns Green (1) 2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306

March

- Sat 7 10:00am Roosthole 3.5 miles 1 hr 45 mins Level 3**
Walk 3137. Park in the Forestry Commission car park on Hammerpond Road, RH13 6PG (TQ208298). This walk will most likely be muddy and slippery. The walk is through open paths and wooded areas with some steep inclines to increase your heart rate. We may encounter dogs and horses. No stiles on this walk. Well behaved dogs on a lead are welcome.
Liz 01403 263920 or Simon 01403 260599
- Sat 7 2:00pm Parham Glider Field 3.6 miles 1 hr 45 mins Level 2**
Walk 2039. Meet at Storrington Recreation Ground Car Park, RH20 4BG. This walk explores the country paths to Parham Glider Field. A flat and easy route. Dogs welcome. Refreshments provided.
Mick 01903 745971
- Sun 8 10:00am Harrow Hill 6.5 miles 3 hrs Level 3**
Walk 3035. Venturing along the South Downs Way and deep into the Angmering Park Estate, taking in Harrow Hill and Lee Farm. Hills and stiles. Great views. Dogs welcome and refreshments provided at the end of the walk. Meet at Kithurst Hill carpark. Drive from Tesco's roundabout Storrington towards Amberley along the B2139 and after 1.3 miles turn left. Drive to the very top of the hill.
Mick 01903 745971
- Mon 9 10:30 am St Leonards Forest 4 miles 2 hrs Level 2**
Walk 2264. Park in the Forestry Commission Car Park - Roosthole - on Hammerpond Road RH13 6PG (TQ20298). This is a circular walk through the Forest. Can be muddy in places. No stiles. Well behaved dogs welcome.
Jill 07780 701184
- Mon 9 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 10 10:00am Warnham (1) 2+ miles 60 - 90 mins Health**
Walk 1006. Meet at Village Hall car park in Hollands Way, RH12 3RH (TQ156335). Some gentle slopes and may be muddy. No dogs. *If snow or ice please ring first*
Emmy 01403 255517
- Tue 10 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme
Carol 01403 263201
- Wed 11 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs.
Anne 01273 493671
- Wed 11 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks
Doreen 01403 230293 Win 01403 256630
- Thu 12 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 13 10:00am Cuckfield and Ansty 5 miles 2.5 hrs Level 2**
Walk 2118. Meet at Whiteman's Green Car Park (on B2115, Cuckfield, RH17 5HX, TQ300257) for a walk to the south of this pretty village. There are several stiles and slopes. No dogs.
Margaret 01403 262311
- Fri 13 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 13 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park between 1st April and 31st October.**
Alex 01403 273751

March

- Sat 14 9:00am Wiston/Steyping Downland Dog Walk 2 miles 75 mins Level 2**
Walk 2163. Meet at Steyping Cricket Pavilion, BN44 3LE. Please park in one of the Steyping car parks as there is limited parking at cricket pavilion. A walk for dog owners into accessible areas of the Steyping Downland Scheme and includes a hill. Supported by HDC & Steyping Downland Scheme. Maximum of two dogs per handler, you are responsible for actions of your dog.
Ann 01903 297553
- Sat 14 10:30am Scarlett Arms, Walliswood 3.5 miles 1 hr 45 mins Level 3**
Walk 3040. Park in the car park opposite the pub (RH5 5RD). Turn West off A24 along the A264 following signs to Rudgwick and Guildford. Continue along Guildford Road (A281) to the Clemsfold roundabout, turn right on the A29 then immediately left into Rowhook Road. Drive for approx 3 miles past The Chequers at Rowhook. Ignore first turning to the right Look for Wienerberger on your left. Turn right to Walliswood (by red post box on left) Continue to car park opposite The Scarlett Arms. A lovely walk which includes passing through Surrey Wildlife Trust conservation area, the tiny hamlet of Mayes Green and one steep incline with views to the North Downs. Leith Hill tower is just visible amongst the trees on the skyline. No dogs.
Pauline 07779 671568 or Douglas 01403 268807
- Sat 14 2:00pm Washington Common & Rowdell 3.5 miles 1 hr 30 mins Level 2**
Walk 2161. Meet Old London Rd, Washington RH20 3BN, from Washington roundabout drive north on the A24 for 200 yards, turn left and then immediate left again onto the Old London Road. Drive to the far end.
A pleasant circular route which starts at the National Trust's Washington Common woods before heading towards Washington Village. From there our route takes us along the foot of the downs past Rowdell before heading back along quite lanes to our starting point. Dogs welcome. Refreshments provided.
Mick 01903 745971
- Sun 15 10:00am Chanctonbury Ring & Wiston 6 miles 3 hrs Level 3**
Walk 3001. A lovely circular walk including the South Downs Way, Chanctonbury Ring, the outskirts of Steyping, woodland and Wiston House. The route contains stiles, steep hills and can be muddy. Dogs welcome. Refreshments provided after the walk. Meet in Washington South Downs Way car park TQ120 119. Drive south on the A24 from Washington roundabout and take the first left into Washington Borstal. Take the rough track on the right to the car park.
Mick Denness 01903 745971
- Sun 15 10:30am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines and can be muddy. No Dogs.
Alex 01403 273751
- Mon 16 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 17 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and refreshments are available in the Countryside Centre. Toilets are located next to the Countryside Centre. No dogs.
Peter 07923 466366 or Emmy 01403 255517
- Tue 17 11:00am Steyping Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyping Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyping and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre.
Ann 01903 297553 / Jacky 01903 815543
- Tue 17 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme
Carol 01403 263201

March

- Wed 18 10:30am Storrington Riverside Walk 2.5 miles 90 mins Health**
Walk 1507. Meet at Storrington Recreation Ground Car Park, RH20 4PG. Come and explore Storrington's lovely Riverside Walk. This flat, well surfaced walk is ideal for people who want an easy walk with pleasant views. Suitable for children's buggies. Dogs welcome, no stiles or hills. Refreshments provided.
Mick 01903 745971
- Wed 18 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks
Doreen 01403 230293 Win 01403 256630
- Wed 18 11:00am Rookwood Golf Course Riverside Walk 2.6 miles 75 mins Health**
Walk 1017. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk uses the 'Riverside Walk' between Warnham Mill Bridge and Farthing Bridge. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs.
Michael 07719 467861
- Thu 19 10:00am The Half Moon, Warninglid – Slaugham 6 miles 2 hrs 45 mins Level 2**
Walk 2054. Meet in the pub car park at the Warninglid Cross roads (RH17 5TR TQ250260). A circular walk through woods and farmland along the High Weald Landscape Trail to Slaugham. Some stiles, lane walking and can be wet and muddy in places. No dogs. Excellent food and drink in the pub after the walk.
Geoff 01403 258180
- Thu 19 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 20 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 20 11:00am Barns Green (1) 2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 21 10:00am Broadbridge Heath (1) 3.5 miles 1 hrs 45 mins Level 2**
Walk 2078. Meet in the Leisure centre car park in Broadbridge Heath. (far end of Tesco's car park) We cross the motorway to access the riverside route at Tanbridge House School stopping en route to see a beautiful mare and foal sculpture by Marcus Cornish. We continue on to Tower Hill then to the other side of the motorway to the High Woods where there are good views of the North Downs. We then return to our starting point via Wickhurst Lane (high stile) or round to the pond and onto a new path parallel to Wickhurst Lane (slight extension). No dogs please.
Liz 01403 263920 or Simon 260599
- Sat 21 2:00pm Rackham Hill & Springhead 3.7 miles 1.5 hrs Level 2**
Walk 2128. Meet in Kithurst Hill car park (TQ070124). The Car Park is off the Storrington to Amberley Road (B2139). Take the left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to Car Park at very top of the hill. A pleasant, gentle downland walk that includes easy inclines. Dogs welcome. Refreshments provided.
Mick01903 745971
- Sun 22 10:00am Lords Piece - Coates 3.3 miles 1.5 hrs Level 2**
Walk 2270. Meet in Car Park, Lords Piece Coates Lane, RH20 1PZ. Following part of the Serpent Trail this walk takes in the wonderful heathland at Lords Piece and the surrounding open countryside. Dogs welcome and refreshments are provided.
Mick 01903 745971
- Mon 23 10:00am Bax Castle, Going South 5.3 miles 2.5 hrs Level 2**
Walk 2124. Meet in the car park of the Bax Castle pub, Two Mile Ash Rd, RH13 0LA (TQ147272). 5.3 miles going South through fields and woodland. Some stiles, can be muddy in places. No dogs, we may encounter livestock. Good food and snacks at the pub after the walk
Graham 01403 269232
- Mon 23 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme

March

- Tue 24 10:00am Leechpool & Owlbeech Woods (1) 2 – 3 miles 60 - 90 mins Health**
Walk 1005. Meet at Leechpool Wood car park (Roffey End), Harwood Road (B2195), Horsham (TQ194313). Gentle slopes, some narrow paths, can be muddy, generally easy walking. Various routes. First timers and families very welcome. No dogs. Emmy 01403 255517
- Tue 24 12:00pm Conservatory Café, Horsham Park 3.3 miles 1 hr 15 mins Level 2**
Walk 2003. See Weekly Walks at start of Programme Carol 01403 263201
- Wed 25 10:00am Rookwood Golf Course Warnham Walk 4.5-5 miles 2.5 hrs Level 2**
Walk 2112. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk is out to Warnham passing through the deer farm and park. Some stiles. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs. Michael 07719 467861
- Wed 25 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 25 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Win 01403 256630 Emmy 01403 255517
- Thu 26 10:00am Countryman Inn, Shipley – Coolham 5 miles 2.5 hrs Level 2**
Walk 2169. Meet at the pub car park, Countryman Lane, RH13 8PZ (TQ136214). A flat circular walk taking in Shipley village with its Norman Church and Kings Windmill and onwards through farmland walking alongside the site of the temporary Coolham 2nd World War airfield which was built to support the D Day Landings including the Memorial Trees and Plaques relating to those airman and ground crew that died in action. Some stiles and could be muddy in places. Good food and drink in the Countryman Inn at the end of the walk. No dogs. PLEASE NOTE - walkers not planning to partake in refreshments after the walk are kindly requested to park in the adjacent layby or road. Geoff 01403 258180
- Thu 26 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 27 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 27 10:30am Westlake House Walk 2 miles 60 mins Health**
Walk 1551. Meet Westlake House, Pondtail Road, Horsham. Park on Pondtail Road OR Metrobus 61 which stops just outside Westlake House (bus stop is Cottingham Avenue). Join us for a mud free winter amble around the beautiful northern part of Horsham's secret Riverside Walk. Stout shoes advised. Afterwards we have been warmly invited into Westlake House Community Cafe for a free coffee or tea and cake. Jill 07780 701184
- Fri 27 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 28 9:00am Storrington and Amberley Circular 9 miles 4 hrs Level 3**
Walk 3029. This longer walk takes us up onto the South Downs Way and through to Amberley before returning via Rackham Mill and Parham Deer Park. Please bring hydration and snack(s). Stile(s). Refreshments provided after the walk. Meet at Storrington Recreation Ground car park RH20 4BG. Mick Denness 01903 745971

March

NEW WALK

Sat 28 2:00pm Knepp Castle Rewilding 5.6 miles 2.5 hrs Level 3

Walk 3162. Meet at Knepp Walkers Car Park, off Swallows Lane, Dial Post, RH13 8NN (£2 donation requested). The rewilding work at Knepp is becoming world famous. The estate have done away with traditional farming ways and now allow cattle, pigs and deer to roam freely over the 3,500 acre estate. The walk is flat and can be very muddy in places. Dogs welcome, refreshments provided leader.

Mick Denness 01903 745971

Sun 29 10:00am Three Woods Walk 5 - 6 miles 2.5 hrs Level 3

Walk 3092. Meet at Storrington Recreation Ground Car Park, RH20 4BG. A lovely circular walk which includes Downland and National Trust woodland. Great views. Some very steep steps and stick(s) are advised. Dogs welcome. Refreshments provided.

Mick 01903 745971

Sun 29 10:30am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health

Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs.

Alex 01403 273751

Mon 30 10:00am Pulborough Brooks (2) 5+ miles 2.5 hrs Level 2

Walk 2102. Meet in overspill car park at Pulborough Wild Brooks visitor centre at Wigginholt. A varied walk passing through part of the reserve, fields, a vineyard and hamlets. Some stiles and some low gradients. Dogs are allowed on leads through fields and at the end of the walk there is the opportunity to have lunch or drinks at the Visitor Centre.

Irene 01403 783637 / 07790 420752

Mon 30 10:30am Handcross Jaunt 5 miles 2 hrs 15 mins Level 3

Walk 3157. Meet in Car Park, northern end of Handcross on B2110 by sports pavilion/children's play area (RH17 6BJ) near Water Lane. There is a yellow height barrier and the small car park is on the same side as Water Lane. Parking available in the High Street too if necessary. A variety of walks start here gentle undulating ground, tracks, paths, woodland etc, quite shady. No dogs.

Jill 07780 701184

Mon 30 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health

Walk 1001. See Weekly Walks at start of Programme

Tue 31 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2

Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and refreshments are available in the Countryside Centre. Toilets are located next to the Countryside Centre. No dogs.

Peter 07923 466366 or Emmy 01403 255517

Tue 31 10.00am Milton Heath, Dorking (2) 5.5 miles 2 hrs 45 mins Level 3

Walk 3149. Meet Milton Heath and The Nower free car park (height restriction 2m), off Westcott Road, Dorking RH4 3JT (TQ155488). An undulating walk passing a pretty mill cottage and waterfall, before a steep climb up with good views to Ranmore and Boxhill. No stiles. No dogs please.

Lynne 01403 268157
