



April – June 2020

Walks Programme



Free, sociable, family friendly walks led by volunteers. No need to book, just turn-up

IN RESPONSE TO THE CORONAVIRUS PANDEMIC THE GOVERNMENT HAS ADVISED AGAINST ALL NON ESSENTIAL TRAVEL, SOCIALISATION AND CONTACT WITH OTHERS

ALL WALKS IN OUR PROGRAMME ARE CANCELLED WITH UNTIL FURTHER NOTICE

WHEN WE KNOW THE DATE THE WALKS CAN RESTART WE WILL UPDATE THE HDC HEALTH WALKS WEBPAGE:

[HTTPS://WWW.HORSHAM.GOV.UK/SPORT-AND-LEISURE/WALKING/HEALTH-WALKS](https://www.horsham.gov.uk/sport-and-leisure/walking/health-walks)

Download this programme at: <https://www.horsham.gov.uk/leisurepages/Leisure/sports/walking>

To receive printed walks programmes by post every 3 months for a year register and make an online payment of £8 at https://ebusiness.horsham.gov.uk/outreach/COM_BookletPayments.ofml

FREE BOWLS IN HORSHAM PARK

Starting 5th May 2020

10 FREE taster Sessions

Tuesday mornings 11am to 12pm

Just turn up, no commitment to join Horsham Bowls Club

Bowls provided, you just need trainers or suitable footwear

Option to attend some Wednesday and Saturday afternoons

You will receive a warm welcome, we are a friendly, sociable club

Enjoy the benefits of fresh air, gentle exercise and make new friends

Benefits of walking

Regular walking can help you control your weight, stay healthy and live longer

Walking is a great way of discovering your local area and meeting new friends

Helps increase energy levels, improve mood, fight stress and improve mental health

It is a gentle, low impact exercise easily introduced into your lifestyle and benefits include:

- Reduces cholesterol
- Lowers blood pressure
- You will be more flexible and fitter
- Helps prevent strokes – your heart will be healthier
- Improves co-ordination making you less prone to accidents
- Strengthens bones preventing fractures and osteoporosis

Please choose walks which suits your current state of health and fitness level:

Health Walks over easy terrain are aimed at beginners and those with long term health conditions. Health Walks are accredited by the national Ramblers Walking for Health scheme.

Level 2 and 3 Walks are longer, more strenuous and may include hills and stiles. Supported by Horsham District Council these walks are organised in conjunction with other walking groups.

A volunteer walk leader will be at the start of the walk whatever the weather

- Please wear suitable clothing and footwear
- Children under 16s must be accompanied by an adult
- We expect walk leaders to be treated with respect at all times
- We reserve the right to change or cancel a walk without notice
- Vehicles are parked at owners' risks and parking charges may apply

Guidelines for Dog Owners

Dogs are welcome on some walks. Walk leaders are responsible for the safety of walkers and may offer advice or request removal of the dog from the walk if it causes a nuisance. Please:

- Ensure your dog does not run back and forth through a line of walkers
- Clear up after your dog and remember dogs may need a drink of water
- Keep dogs on a lead in a field of sheep, if you encounter cattle and they come towards you, let the dog go as they see dogs as a threat to them and their calves

FREE Guided Cycle Rides

Easy rides approx 2-3 hrs duration led by trained volunteers

If you require a cycle please email: Ian.Ford@horsham.gov.uk

Please register for rides: <https://hdsd.org.uk/Inclusive-Activities/horsham-district-health-rides>

Date	Meet	Route
Wed 8 Apr 10am	Broadbridge Heath Village Centre RH12 3LY	Sumners Pond 11 miles On Road
Wed 6 May 10am	Jubilee Car Park, off Albion Way, Horsham (past Doctors surgery) RH12 1AB	Very Easy Starter Level Ride 2 miles Off Road
Wed 13 May 10am	Broadbridge Heath Village Centre RH12 3LY	Southwater Country Park 10.5 miles Off Road
Wed 20 May 10am	Jubilee Car Park, off Albion Way, Horsham (past Doctors surgery) RH12 1AB	Very Easy Starter Level Ride 2 miles Off Road
Wed 10 Jun 10am	Chesworth Farm, car park at the bottom of Queensway RH13 5AL	Southwater Country Park 9 miles On and Off Road
Sun 21 Jun 10am	Broadbridge Heath Village Centre RH12 3LY	The Milk Churn Café at Rudgwick 12 miles Off Road
Wed 24 Jun 10am	Fletcher's Croft car park, Steyning BN44 3YB Transport for bikes available, contact Ian.ford@horsham.gov.uk	Shoreham via Down's Link 20 miles On and Off Road
Wed 8 Jul 10am	The Forum, Horsham RH12 1PQ (outside TK Maxx)	Shelley Ride 10 miles On and Off Road
Sat 11 Jul 10am	Roosthole Woods Car Park (off Hammerpond Road)	Roosthole Woods 6 miles Off Road
Tues 4 Aug 10am	The Forum, Horsham RH12 1PQ (outside TK Maxx)	Shelley Ride 10 miles On and Off Road
Wed 12 Aug 10am	Broadbridge Heath Village Centre RH12 3LY	Sumners Ponds 10 miles Off Road
Mon 7 Sep 10am	The Forum, Horsham RH12 1PQ (outside TK Maxx)	Shelley Ride 10 miles On and Off Road
Wed 9 Sep 10am	Broadbridge Heath Village Centre RH12 3LY	The Milk Churn Café at Rudgwick 12 miles Off Road
Wed 14 Oct 10am	Chesworth Farm, car park at bottom of Queensway RH13 5AL	Southwater Country Park 9 miles On and Off Road
Wed 11 Nov 10am	Broadbridge Heath Village Centre RH12 3LY	Rookwood Golf Club to Warnham 7 miles On Road

WEEKLY WALKS

Mon 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health

Walk 1001. Meet Sussex Barn pub car park, off North Heath Lane, junction with St Mark's Lane, RH12 5PJ. Choose 30 or 75 mins gentle walk around the North Heath area riverside. Refreshment and toilets in pub.

Ann & John 01403 268885

Wed/Sun 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2

Walk 2238. Meet outside the Museum in the Causeway. Do you know much about the history of Horsham? Guided historical walk around Horsham to learn more about its history and to see the changes that have happened over the past centuries. Supported by The Horsham Society.

Jill 07780 701184

Wed 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health

Walk 1007. Meet at bandstand in Carfax (RH12 1FD). Choose a 30 or 60 mins flat walk on good paths, an incline under Albion Way, around park and pond. Suitable for elderly and those recovering from illness.

Wheelchairs and buggies welcome. Stop for a coffee in Conservatory Café. Dogs must be kept on a lead.

Emmy 01403 255517 or Doreen 01403 230293

Thu 11:00am Billingshurst (2) 2.3 miles 60 mins Health

Walk 1013. Meet at Billingshurst Library, Mill Lane, RH14 9JZ. Walk around Billingshurst's footpaths or Jubilee Fields. Stay for coffee afterwards. Can be muddy, wear suitable footwear. Dogs on leads allowed.

Parking 75p per hour - annual parking permits are available

Chris 01403 782745

Fri 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health

Walk 1002. Meet outside St Mary's Church in Causeway, Horsham, RH12 1HE. Walk along public footpaths and private estates by special permission through farmland or edge of woodland. No stiles, gentle slopes.

Wheelchairs and buggies welcome. Keep dogs on lead if passing sheep or cattle. FREE tea, coffee, juice, hot soup, hot chocolate and biscuits. FREE dog biscuits and water for doggies! Toilets in St Mary's Church.

Peter and Viv Tobutt 01403 260783

April

Wed 1 10:30am Horsham Park Stroll **1+ mile 30 or 60 mins** **Health**
Walk 1007. See Weekly Walks Doreen 01403 230293

Wed 1 2:30pm Horsham Heritage Guided Walks **2 miles 90 mins** **Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184

Thu 2 11:00am Billingshurst (2) **2.3 miles 60 mins** **Health**
Walk 1013. See Weekly Walks at start of Programme

Fri 3 10:00am Dunsfold **5.5 miles 2 hrs 45 mins** **Level 2**
Walk 2066. Meet by the Sun Inn, The Common, Dunsfold, GU8 4LE (TQ 006360). Take the Dunsfold Road from A281 at Alfold Crossways; parking around the common or small car park a few yards beyond the pub on same side. Undulating circular walk through fields and woodland where the River Arun starts its journey. No dogs. Margaret 01403 262311

Fri 3 10:30am St Mary's Church, Horsham **2.5 miles 90 mins** **Health**
Walk 1002. See Weekly Walks at start of Programme

Fri 3 11:00am Barns Green (1) **2 miles 60 mins** **Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306

NEW WALK

Sat 4 10:00am Itchingfield to Lower Toat Farm **3.5 miles 1hr 45mins** **Level 2**
Walk Number 2278. Meet outside Itchingfield Primary School, Fulfords Hill, Itchingfield, RH13 ONT (TQ132287). We walk to the delightful Itchingfield Church then on to the West Sussex Literary Trail through a section known as The Warren. We follow a circular route round Lower Toat Farm and return via South Gill and the Priests House at the church. Dogs on a lead welcome. Liz 01403 263920 Simon 01403 260599

Sat 4 2:00pm Sandgate Park & Sullington Warren **3.6 miles 1 hr 45 mins** **Level 2**
Walk 2041. Meet at Storrington Rec. Ground C.P Car Park RH20 4BG. This walk offers visits to two wonderful areas very close to Storrington. Both are managed for public enjoyment and nature conservation. An easy flat route. Dogs welcome. Refreshments provided. Mick 01903 745971

Sun 5 10:00am Wepham Down **6.5 miles 2 hrs 45 mins** **Level 3**
Walk 3009. Meet in Kithurst Hill car park (TQ070124). This is a downland walk which explores part of the South Downs National Park. The car park is off the Storrington to Amberley Road (B2139). It is a left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. Dogs welcome. Refreshments provided. Mick 01903 745971

Sun 5 2:30pm Horsham Heritage Guided Walks **2 miles 90 mins** **Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184

Mon 6 10:30 am St Leonards Forest **4 miles 2 hrs** **Level 2**
Walk 2264. Park in the Forestry Commission Car Park - Roosthole - on Hammerpond Road RH13 6PG (TQ20298). This is a circular walk through the Forest. Can be muddy in places. No stiles. Well behaved dogs welcome. Jill 07780 701184

April

- Mon 6 10:45am North Heath, Horsham** 2 miles 30 or 75 mins **Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 7 10:00am Warnham (1)** 2+ miles 60 - 90 mins **Health**
Walk 1006. Meet at Village Hall car park in Hollands Way, RH12 3RH (TQ156335). Some gentle slopes and may be muddy. No dogs. Emmy 01403 25517
- Tue 7 11:00am Steyning Health Centre Walk** 2 miles 75 mins **Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543
- Wed 8 10:00am Henfield Byways** 2-3 miles 1 hr **Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 8 10:30am Horsham Park Stroll** 1+ mile 30 or 60 mins **Health**
Walk 1007. See Weekly Walks Doreen 01403 230293
- Wed 8 10:45am Rowfant Circular – Mill Pond** 4 miles 1.5 hrs **Level 2**
Walk 2099. Meet at Rowfant Business Centre cafe, off Wallage Lane, Rowfant, RH10 4NQ. A variety of circular countryside walks start here. Gently undulating terrain, tracks, paths, fields, trees etc. On some walks we may encounter animals. Refreshments are available. Pat 01342 712591
- Wed 8 2.30pm Horsham Heritage Guided Walks** 2 miles 90 mins **Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Thu 9 10:00am Leith Hill Circular** 5 miles 2.5 hrs **Level 3**
Walk 3107. Meet at the Starveall Corner Car Park (TQ131432) which, heading north is situated just off (right hand side) the Leith Hill - Abinger Common Road. A circular walk along woodland tracks and heathland. No stiles, some steep slopes, loose stones and tree roots underfoot. Stunning views particularly at Leith Hill Tower where (if available) we stop for refreshments near the end of the walk. No dogs. Geoff 01403 258180
- Thu 9 11:00am Billingshurst (2)** 2.3 miles 60 mins **Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 10 10:30am St Mary's Church, Horsham** 2.5 miles 90 mins **Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 10 11:00am Southwater (1)** 2.6 miles 75 mins **Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **Parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 11 9:00am Gumber & Great Down** 7.5 miles 3.5 hrs **Level 3**
Walk 3119. This walk explores two varied and interesting downland locations: parts of the National Trust Slindon Estate's Gumber Farm, and the Forestry Commission's Houghton Forest. It includes Monarch's Way and the Roman road at Bignor. Dogs welcome. Please bring hydration and snack(s). Refreshments provided after the walk. Meet at the car park just off the Whiteways roundabout at the junction of the A29 and A284, BN18 9FD. Mick 01903 745971
- Sat 11 9:00am Wiston/Steyning Downland Dog Walk** 2 miles 75 mins **Level 2**
Walk 2163. Meet at Steyning Cricket Pavilion, BN44 3LE. Please park in one of the Steyning car parks as there is limited parking at cricket pavilion. A walk for dog owners into accessible areas of the Steyning Downland Scheme and includes a hill. Supported by HDC & Steyning Downland Scheme. Maximum of two dogs per handler, you are responsible for actions of your dog. Ann 01903 297553

April

- Sat 11 2:00pm Kithurst South Circular 3 miles 1.5 hrs Level 2**
Walk 2046. Meet at Kithurst Hill car park (TQ070124). Enjoy the beauty of the South Downs on this walk in an easy and relaxed way. The Car Park is off the Storrington to Amberley Road (B2139). Take the left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk is level and has no steep hills. Dogs welcome. Refreshments provided.
Mick01903 745971
- Sun 12 10:00am Lee Farm (2) 5.2 miles 2 hrs Level 3**
Walk 3011. Meet in Kithurst Hill car park (TQ070124). This walk takes us to historic Lee Farm in the heart of the South Downs behind Storrington. The Car Park is off the Storrington to Amberley Road (B2139). Take the left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk includes a steep hill. Dogs welcome. Refreshments provided.
Mick 01903 745971
- Sun 12 10:00am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs.
Alex 01403 273751
- Mon 13 10:30am Littleworth and around 5 miles 2.5 hrs Level 2**
Walk 2273. Meet at the Windmill Littleworth Lane Partridge Green RH13 8EJ. Please DO NOT park in the pub car park. Parking available along the lane. Delightful flat walk along Sussex footpaths and with close views of the monastery. Can be muddy. No dogs
Jill 07780 701184
- Mon 13 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 14 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and the Countryside Centre may be open. Toilets are located next to the Countryside Centre. No dogs.
Emmy 01403 255517 Peter 07923466366
- Wed 15 10:30am Storrington Riverside Walk (2) 2.5 miles 1.5 hrs Level 1**
Walk 1507. Meet at Storrington Rec. Ground C.P. (RH20 4PG). Explore Storrington's Riverside Walk. Easy, flat, well surfaced walk with pleasant views. Suitable for children's buggies. Dogs welcome, no stiles or hills.
Mick 01903 745971
- Wed 15 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks
Emmy 01403 255517
- Wed 15 11:00am Rookwood Golf Course Riverside Walk 2.6 miles 75 mins Health**
Walk 1017. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk uses the 'Riverside Walk' between Warnham Mill Bridge and Farthing Bridge. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs.
Michael 07719 467861
- Wed 15 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries.
Jill 07780 701184
- Thu 16 10:00am Irene's All Day Walk 8+ miles 4+ hrs Level 3**
Walk 3076. Please phone Irene for details.
Irene 01403 783637 / 07790 420752
- Thu 16 10:00am Broadbridge Heath Circular 4.5 miles 2 hrs 15 mins Level 2**
Walk 2211. Meet at The Green, Broadbridge Heath, junction of Old Guildford Road / Broadbridge Heath Road, RH12 3JY (TQ149317). Lay-by and on-street parking. A mostly level walk along hard tracks (including the Downs Link) and across fields. Some interesting features along the route. 2 stiles. Can be wet and muddy. No dogs.
Lynne 01403 268157

April

- Thu 16 11:00am Billingshurst (2)** **2.3 miles** **60 mins** **Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 17 10:30am St Mary's Church, Horsham** **2.5 miles** **90 mins** **Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 17 11:00am Barns Green (1)** **2 miles** **60 mins** **Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 18 10:30am Slinfold (1) – BLUEBELL WALK** **5 miles** **2 hrs 15 mins** **Level 2**
Walk 2029. Meet in the Red Lyon PH car park, The Street, Slinfold, RH13 0RR (TQ118314). Parking at the Red Lyon is courtesy of the landlord if you wish to have refreshments or eats at the end of the walk, otherwise parking may be available at the school car park round the corner. Fairly flat circular walk (couple of stiles) along the Downs Link, through lovely woods and farmland to Violets Farm to see Alpaca. No dogs please. Liz 01403 263920 or Simon 01403 260599
- Sat 18 2:00pm Thakeham Circular** **3 miles** **1.5 hrs** **Level 2**
Walk 2040. Meet in Thakeham Church car park, RH20 3EP. This popular short walk explores the tracks, footpaths and byways north of Thakeham Village. Parts of this route can be wet and muddy. Dogs welcome. Refreshments provided. Not suitable for buggies as the route includes stiles. Mick 01903 745971
- Sun 19 10:00am Hurston Place** **4.8 miles** **1 hr 45 mins** **Level 3**
Walk 3018. Meet at Storrington Recreation Ground Car Park, RH20 4BG. This walk takes us to the lanes and footpaths to the north of Storrington. Dogs welcome and refreshments provided. Mick 01903 745971
- Sun 19 2.30pm Horsham Heritage Guided Walks** **2 miles** **90 mins** **Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 20 10.30am Barns Green (2)** **7miles** **3hrs** **Level 2**
Walk 2257. Meet in the new car park, Muntham Drive, past the Village Hall RH13 OPT (TQ125272). A walk with a mixture of open countryside and woodland. We head south-west towards Coneyhurst, then return north via the outskirts of Billingshurst and north-east back to Barns Green. Fairly flat, a few stiles. Likely to be muddy (NOTE: even with dry weather some parts do remain muddy). No dogs as very likely to meet livestock. Jan 01403 783889 and David 01483 279713
- Mon 20 10:45am North Heath, Horsham** **2 miles** **30 or 75 mins** **Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 21 10:00am Leechpool & Owlbeech Woods (1)** **2 – 3 miles** **60 - 90 mins** **Health**
Walk 1005. Meet at Leechpool Wood car park (Roffey End), Harwood Road (B2195), Horsham (TQ194313). Gentle slopes, some narrow paths, can be muddy, generally easy walking. Various routes. First timers and families very welcome. No dogs. Emmy 01403 255517
- Tue 21 11:00am Steyning Health Centre Walk** **2 miles** **75 mins** **Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543
- Wed 22 10:00am Rookwood Golf Course Warnham Walk** **4.5-5 miles** **2.5 hrs** **Level 2**
Walk 2112. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk is out to Warnham passing through the deer farm and park. Some stiles. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs.

Michael 07719 467861

April

- Wed 22 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 22 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293
- Wed 22 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Thu 23 10:30am St George's Day Bluebell Walk 3 or 5 miles 2 hrs Level 2**
Walk 2157. Park and meet at St George's Church, Steyning Road, West Grinstead, RH13 8LR (TQ171208). From Horsham (A24), take the B2135 signposted Partridge Green, first right at the bungalow. We all start together and then we have a choice of a shorter or longer route. A flat circular walk with far reaching views of the South Downs, interesting buildings and houses along the way. Can be muddy. No dogs, possibility of cattle, horses & sheep. Toilet honesty box. Jean 07734 323321 or Jill 07780 701184
- Thu 23 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 24 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 24 10:45am Handcross Jaunt 3 - 5 miles 1.5 - 2 hrs Level 3**
Walk 3157. Meet in Car Park, northern end of Handcross on B2110 by sports pavilion/children's play area (RH17 6BJ) near Water Lane. There is no parking P sign, just a yellow height barrier near and on the same side as Water Lane. A variety of walks start here gentle undulating ground, tracks, paths, woodland etc. Quite shady but can be muddy in parts after rain. No dogs. Pat 01342 712591
- Fri 24 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **Parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751

SPECIAL WALK

- Fri 24 12:45am The "Missing Link" 1+ mile 1 hr Health**
Meet on the disused platform at Christ's Hospital Railway Station for the public opening of the missing section of the Downs Link and a walk along this newly opened segment of the Bridleway.

The last original section of the overgrown disused track, half a mile in length, will be opened as a safe green corridor for public use. Users previously had to take the hazardous one mile stretch of road between Christ's Hospital and Mill Lane, Itchingfield.

You will be able to purchase refreshments on the day.

Paul 07940 319166

April

- Sat 25 2:00pm Parham Glider Field 3.6 miles 1 hr 45 mins Level 2**
Walk 2039. Meet at Storrington Recreation Ground Car Park, RH20 4BG. This walk explores the country paths to Parham Glider Field. A flat and easy route. Dogs welcome. Refreshments provided.
Mick 01903 745971
- Sun 26 10:00am Washington Common, Downland & Windlesham 7 miles 3 hrs Level 3**
Walk 3161. A lovely circular walk which includes Downland, National Trust woodland, Sullington Hill, Highden Beeches and Windlesham House School. Great views. Some very steep steps and stick(s) are advised. Dogs welcome. Refreshments provided at the end of the walk. Meet at Georges Lane National Trust Car park RH20 3BN.
Mick 01903 745971
- Sun 26 10:00am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs.
Alex 01403 273751
- Sun 26 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries.
Jill 07780 701184
- Mon 27 10:00am West Grinstead Church & Downs Link 5 miles 2.5 hrs Level 2**
Walk 2098. Meet at West Sussex County Council car park next to the Downs Link at West Grinstead, immediately east of Orchard Restaurant (RH13 8LU, TQ183226). The car park is hard to find as the sign is tucked away especially if you are coming from the west. The car park entrance is opposite Park Lane. This walk involves walking along the Downs Link and fields to view a church and a walk along the River Adur. Well behaved dogs welcome.
Irene 01403 783637 / 07790 420752
- Mon 27 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 28 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and the Countryside Centre may be open. Toilets are located next to the Countryside Centre. No dogs.
Emmy 01403 255517 Peter 07923466366
- Wed 29 10:00am Shermanbury Circular 6 miles 2.5 hrs Level 2**
Walk 2134. Meet in the car park of The Bull Inn, at Mock Bridge, BN5 9AD (TQ211181), about 3 miles south of Cowfold along the A281 through Shermanbury or about 1½ miles north of Henfield. The circular walk is mostly flat, with some stiles, along the River Adur and the Downs Link. Superb views of the South Downs and the walk takes us past Shermanbury Church. The walk may be muddy in places. Good beer and food at the "Pizza" pub. No dogs please as we may encounter livestock.
Mike 07855 502023
- Wed 29 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks
Emmy 01403 255517
- Wed 29 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries.
Jill 07780 701184
- Thu 30 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme

May

- Fri 1 10:30am Westlake House Walk 2 miles 60 mins Health**
Walk 1551. Meet Westlake House, Pondtail Road, Horsham. Park on Pondtail Road OR Metrobus 61 which stops just outside Westlake House (bus stop is Cottingham Avenue). Join us for a mud free amble around the beautiful northern part of Horsham's secret Riverside Walk. Stout shoes advised. Afterwards we have been warmly invited into Westlake House Community Cafe for a coffee or tea and cake Jill 07780 701184
- Fri 1 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 1 11:00am Barns Green (1) 2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 0PT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 2 2:00pm Thakeham Circular 3 miles 1.5 hrs Level 2**
Walk 2040. Meet in Thakeham Church car park, RH20 3EP. This popular short walk explores the tracks, footpaths and byways north of Thakeham Village. Parts of this route can be wet and muddy. Dogs welcome. Refreshments provided. Not suitable for buggies as the route includes stiles. Mick 01903 745971
- Sun 3 10:00am Three Woods Walk 5 miles 2 hrs Level 3**
Walk 3092. Meet at Georges Lane National Trust Car park RH20 3BN. A lovely circular walk which includes Downland, National Trust woodland. Great views. Some very steep steps and stick(s) are advised. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 3 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 4 10:30am Nuthurst to South Lodge 4.5 miles 2.5 hrs Level 2**
Walk 2274. Meet at the Church in Nuthurst Street. A delightful shady walk through woodland and fields in the heart of Sussex catching occasional glimpses of our precious Downs. No dogs. Jill 07780 701184
- Mon 4 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 5 10:00am Warnham (1) 2+ miles 60 - 90 mins Health**
Walk 1006. Meet at Village Hall car park in Hollands Way, RH12 3RH (TQ156335). Some gentle slopes and may be muddy. No dogs. Emmy 01403 255517
- Tue 5 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543
- Wed 6 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 6 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Emmy 01403 255517
- Wed 6 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184

May

- Thu 7 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 8 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 8 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **Parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 9 9:00am Three Woods and Sullington Hill 8 miles 3 hrs 15 mins Level 3**
Walk 3138. After walking through our three lovely woods Sullington Warren, Sandgate Park and Warren Hill, we climb up to the South Downs Way and Sullington Hill. From Chantry Post we drop back down to the village via Coldharbour. Stile(s). Great views. Please bring hydration and snack(s). Refreshments provided after the walk. Meet at Storrington Recreation Ground car park RH20 4BG. Mick 01903 745971
- Sat 9 9:00am Wiston/Steyping Downland Dog Walk 2 miles 75 mins Level 2**
Walk 2163. Meet at Steyping Cricket Pavilion, BN44 3LE. Please park in one of the Steyping car parks as there is limited parking at cricket pavilion. A walk for dog owners into accessible areas of the Steyping Downland Scheme and includes a hill. Supported by HDC & Steyping Downland Scheme. Maximum of two dogs per handler, you are responsible for actions of your dog. Ann 01903 297553
- NEW WALK**
- Sat 9 10:00am Warnham Deer Park and Manor 3.9 miles 1hr 45mins Level 2**
Walk Number 2279. Meet at the Village Hall car park in Hollands Way RH12 3RH (TQ156335). We walk to Warnham Church which has close connections to the Lucas family of Warnham Deer Park. We cross the fields to the old Crawley Road. Then on to Robin Hood Lane to access the Deer Park. Great open views. We continue over Baling Hill to the next section of the Deer Park and return to Warnham via the Manor and fields which over-look the South Downs. Dogs on a lead welcome.
Liz 01403 263920 Simon 01403 260599
- Sat 9 2pm Hareswith 3.9 miles 1.5 hrs Level 3**
Walk 3019. Meet at Storrington Rec. Ground C.P Car Park, Storrington RH20 4BG. Explore the unspoilt fields and meadows of Fryern Park before reaching Perrett's Farm with its stunning views of the South Downs and West Chilington. We continue to Hareswith and follow ancient tracks to East Wantley and back to Storrington via Love Lane, also an ancient track. Some stiles, dogs welcome and refreshments provided. Mick 01903 745971
- Sun 10 10:00am Washington to Steyping Circular 7- 8 miles 3 hrs Level 3**
Walk 3100. Meet in Washington South Downs Way car park (TQ120119). This walk follows the foot of the South Downs towards Steyping before heading home with a steep climb up to the South Downs Way. The return journey is past Chanctonbury Ring with wonderful views to the North Downs. The route includes a steep hill. Dogs welcome. Refreshments are provided. Mick 01903 745971
- Sun 10 10:00am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751

May

- Sun 10 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 11 10:00am Blacksmith Arms, Adversane 5 miles 2.5 hrs Level 2**
Walk 2073. Meet at the Blacksmiths Arms, Adversane RH14 9JH, for a figure of eight walk to the River Arun and canal, passing through woodland, tracks, field paths and quiet lanes. A few minor ascents and stiles. A varied walk with views of Wisborough Green church. Dogs allowed provided they are on leads through fields. As we are parking in the pub car park it would be nice for walkers to have a drink or lunch there. Please ring the pub on 01403 782809. Irene 07790 420752
- Mon 11 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 12 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and the Countryside Centre may be open. Toilets are located next to the Countryside Centre. No dogs. Emmy 01403 255517 Peter 07923466366
- Wed 13 10:00am Betchworth 5.5 miles 2hrs 15mins Level 2**
Walk 2137. Meet in the car park of The Bull Inn, at Mock Bridge, about 3 miles south of Cowfold along the A281 through Shermanbury or about 1.5 miles north of Henfield. This walk will take us through two Surrey villages, Betchworth and Brockham The walk will in part follow the Greensand Way and we will also walk alongside the Mole River with good views both North and South. No dogs please as we may encounter livestock. Mike 07855 502023
- Wed 13 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293
- Wed 13 10:45am Crawley Down Countryside – Fen Mill 4 miles 1.5 hrs Level 2**
Walk 2105. Meet in the village at the shops, Station Road, Crawley Down, RH10 4HZ. A variety of circular countryside walks start here. Gently undulating terrain, tracks, paths, fields, trees etc. On some walks we may encounter animals. Pat 01342 712591
- Wed 13 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Thu 14 10:30am Scarlett Arms, Walliswood 3.5 miles 1 hr 45 mins Level 3**
Walk 3040. Park in the car park opposite the pub (RH5 5RD). Turn West off A24 along the A264 following signs to Rudgwick and Guildford. Continue along Guildford Road (A281) to the Clemsfold roundabout, turn right on the A29 then immediately left into Rowhook Road. Drive for approx 3 miles past The Chequers at Rowhook. Ignore first turning to the right Look for Wienerberger on your left. Turn right to Walliswood (by red post box on left) Continue to car park opposite The Scarlett Arms. A lovely walk which includes passing through Surrey Wildlife Trust conservation area, the tiny hamlet of Mayes Green and one steep incline with views to the North Downs. Leith Hill tower is just visible amongst the trees on the skyline. No dogs. Pauline 07779 671568 or Douglas 07505 761559
- Thu 14 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 15 10:00am The Haven & Malham 5 miles 2.5 hrs Level 2**
Walk 2081. Meet in lay-by opposite The Blue Ship pub, The Haven, Billingshurst, RH14 9BS. Can be muddy. No dogs. Margaret 01403 262311

May

- Fri 15 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 15 11:00am Barns Green (1) 2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 16 2:00pm Washington Common & Rowdell 3.5 miles 1 hr 30 mins Level 2**
Walk 2161. Meet Old London Rd, Washington RH20 3BN, from Washington roundabout drive north on the A24 for 200 yards, turn left and then immediate left again onto the Old London Road. Drive to the far end. A pleasant circular route which starts at the National Trust's Washington Common woods before heading towards Washington Village. From there our route takes us along the foot of the downs past Rowdell before heading back along quite lanes to our starting point. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 17 10:00am Amberley Wildbrooks 5.7 miles 2.5 hrs Level 3**
Walk 3012. Meet at Rackham Old School, RH20 2EU. This walk explores Amberley Wildbrooks which forms part of the flood plain of the River Arun. The walk also takes in part of Amberley Village with its chocolate box, thatched cottages. The route can be muddy and is liable to change if flooded. It contains some stiles. Dogs welcome. Refreshments provided. Please park considerately. Mick 01903 745971
- Sun 17 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 18 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 19 10:00am The White Horse Maplehurst - Going South 6 miles 2 hrs 45 mins Level 2**
Walk 2093. Meet in the pub car park (RH13 6LL, TQ190246). A fairly flat, but with some moderate inclines, circular walk through fields and woodland. Some stiles and could be wet and muddy in places. Real Ale and terrific value good food in the Pub at the end of the walk. No dogs. Geoff 01403 258180
- Tue 19 10:00am Leechpool & Owlbeech Woods (1) 2 - 3 miles 60 - 90 mins Health**
Walk 1005. Meet at Leechpool Wood car park (Roffey End), Harwood Road (B2195), Horsham (TQ194313). Gentle slopes, some narrow paths, can be muddy, generally easy walking. Various routes. First timers and families very welcome. No dogs. Emmy 01403 255517
- Tue 19 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543
- Wed 20 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 20 10:30am Storrington Riverside Walk (2) 2.5 miles 1.5 hrs Level 1**
Walk 1507. Meet at Storrington Rec. Ground C.P. (RH20 4PG). Explore Storrington's Riverside Walk. Easy, flat, well surfaced walk with pleasant views. Suitable for children's buggies. Dogs welcome, no stiles or hills. Mick 01903 745971
- Wed 20 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Emmy 01403 255517

May

Wed 20 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184

Thu 21 10:30am The Haven 7 miles 3 hrs Level 3
Walk 3159. Meet outside the Blue Ship Pub, The Haven, Billingshurst, RH14 9BS (TQ082305). Park on the roadside, not in the pub car park. A curiosity ramble around the Sussex countryside through Tisman's Common to Gibbons Mill and back to The Haven. No dogs as we may meet livestock.
Jan 01403 783889 and David 01483 279713

Thu 21 11:00am Billingshurst (2) 2.3 miles 60 mins Health
Walk 1013. See Weekly Walks at start of Programme

Fri 22 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health
Walk 1002. See Weekly Walks at start of Programme

Fri 22 11:00am Southwater (1) 2.6 miles 75 mins Health
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **Parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751

WILD GARLIC WALK

Sat 23 10:00am Broadbridge Heath (1) 3.4 miles* 1 hr 30 mins* Level 2
Walk 2078. Meet at the Leisure Centre. This walk takes us on a route past the River Arun and on to woodland which emerges at Christ Hospital. The wild garlic is in this woodland and if caught at the right time is profuse with flowers and the pungent smell of garlic. Not to be missed! We return via the same route or there is an option* to pass through further woodland to the lane which leads to Wickhurst Lane and back to the Leisure Centre. **If we take this route it extends the time by approximately 20 minutes.*
Liz 01403 263920 or Simon 260599

Sat 23 2:00pm Warminghurst Church 4.7 miles 1 hr 45 mins Level 3
Walk 3024. Meet at Georges Lane NT car park, Storrington, RH20 3JH. This route explores ancient tracks and byways to Warminghurst. We will have time to explore the redundant church at Warminghurst, a 13th-century sandstone church with splendid views across to Chanctonbury Ring. The route is quite easy walking. Dogs welcome. Refreshments provided. Mick 01903 745971

Sun 24 10:00am Findon Valley and Chanctonbury Ring 6.5 miles 2.5 hrs Level 3
Walk 3015. After a steep climb, we explore downland from Washington taking in Findon Park, Chanctonbury Ring and the South Downs Way. Great views. Dogs welcome. Refreshments provided at the end of the walk. Meet at Washington South Downs Way car park (TQ120119). Drive south on the A24 from Washington roundabout and take the first left into Washington Borstal. Take the rough track on the right to the car park. Mick 01903 745971

Sun 24 10:00am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751

May

- Sun 24 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 25 10:30am Cowfold (2) 4.8 miles 2.5 hrs Level 2**
Walk 2060. Meet in the middle of the village at the football field, at the junction of Farthing Cottages and the A272, RH13 8BL (TQ214225). Gentle shady slight uphill circular walk through quiet lanes and paths, with some stiles. May be wet and muddy in places. No Dogs. Jill 07780 701184
- Mon 25 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 26 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and the Countryside Centre may be open. Toilets are located next to the Countryside Centre. No dogs. Emmy 01403 255517 Peter 07923466366
- Wed 27 10:00am Rookwood Golf Course Warnham Walk 4.5-5 miles 2.5 hrs Level 2**
Walk 2112. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk is out to Warnham passing through the deer farm and park. Some stiles. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs. Michael 07719 467861
- Wed 27 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293
- Wed 27 10:45am Crawley Down East - Tilkhurst Farm 4.5 miles 1 hr 45 mins Level 2**
Walk 2089. Meet at Hazel Way/Cob Close junction, Crawley Down, RH10 4EX. A variety of countryside walks. Gently undulating terrain, tracks, fields etc. We may encounter animals. Pat 01342 712591
- Wed 27 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Thu 28 10:00am Ranmore Common around Polesden Lacey 5.5 miles 2 hrs 15 mins Level 3**
Walk 3056. Meet at the Denbies Hillside National Trust car park on Ranmore Common Road (RH5 6SR TQ141503). Please note there is a car park charge for non National Trust members. A circular walk on woodland and farm tracks within the the wooded valleys around the Polesden Lacey estate. No stiles but the walk includes some steep slopes and moderate inclines. Geoff 01403 258180
- Thu 28 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 29 10:30am Westlake House Walk 2 miles 60 mins Health**
Walk 1551. Meet Westlake House, Pondtail Road, Horsham. Park on Pondtail Road OR Metrobus 61 which stops just outside Westlake House (bus stop is Cottingham Avenue). Join us for a mud free amble around the beautiful northern part of Horsham's secret Riverside Walk. Stout shoes advised. Afterwards we have been warmly invited into Westlake House Community Cafe for a coffee or tea and cake. Jill 07780 701184
- Fri 29 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 29 11:00am Barns Green (1) 2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 0PT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306

May

Sat 30 2:00pm The Burgh 4.5 miles 1 hr 45 mins Level 3

Walk 3023. Meet at Kithurst Hill car park (TQ070124). A pleasant walk which takes us into the very heart of the South Downs. The Car Park is off the Storrington to Amberley Road (B2139). It is a left turn 1.3 miles from Tesco's roundabout in Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk includes a long gentle incline. Dogs welcome. Refreshments provided. Mick 01903 745971

Sun 31 10:00am Knepp Castle Rewilding 5.6 miles 2.5 hrs Level 3

Walk 3162. Meet at Knepp Walkers Car Park, off Swallows Lane, Dial Post, RH13 8NN (£2 donation requested). The rewilding work at Knepp is becoming world famous. The estate have done away with traditional farming ways and now allow cattle, pigs and deer to roam freely over the 3,500 acre estate. The walk is flat and can be very muddy in places. Dogs welcome, refreshments provided leader.

Mick Denness 01903 745971

Sun 31 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2

Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184

June

- Mon 1 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 2 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543
- Wed 3 10:00am Henfield – Albourne Green Circular 6 miles 2 hrs 30 mins Level 2**
Walk 2138. Park and meet at the car park at the Henfield Cricket Ground BN5 9RP (TQ223156), at the eastern side of Henfield common off the A281. This walk will take us through fields with some stiles, to the outskirts of Albourne Green and back, with expansive views to the South Downs and through part of the Woodmancote Place deer park. No dogs please as we may encounter livestock. Mike 07855 502023
- Wed 3 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 3 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293
- Wed 3 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Thu 4 10:30am Barns Green (2) 4.5 miles 2hrs 15mins Level 2**
Walk 2241. Meet in the new car park above village hall, enter by the village hall which is marked by yellow road markings, RH13 0PT. A lovely walk via Eastlands, Drycotts, Hook Farm and Pratts Farm with some gates and stiles. Maybe muddy in places. No dogs as livestock.
Douglas 07505 761559 Pauline 07779 671568
- Thu 4 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 5 10:00am Ouse Valley (Balcombe Viaduct) 4.5 miles 2 hrs 30 mins Level 2**
Walk 2050. Meet in Ardingly reservoir car park (TQ336287) N.B. you will need some money for parking, and bring your camera! This undulating walk in the countryside of the High Weald will take us under the Victorian railway viaduct. Margaret 01403 262311
- Fri 5 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 5 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **Parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 6 9:00am Storrington and Amberley Circular 8 - 9 miles 3.5 hrs Level 3**
Walk 3029. This longer walk takes us up onto the South Downs Way and through to Amberley before returning via Rackham Mill and Parham Deer Park. Please bring hydration and snack(s). Stile(s). Refreshments provided after the walk. Meet at Storrington Recreation Ground car park RH20 4BG.
Mick Denness 01903 745971

June

- Sat 6 10:00am Warnham Nature Reserve 1 – 2 miles 90 mins Health**
Walk 1011. Meet car park of Warnham Nature Reserve, Warnham Road, Horsham. Walk around reserve visiting 4 bird hides, Millpond Nature Trail using the extensive boardwalks, and the Walnut Tree plantation. Admission to Reserve (managed by HDC) is £2 per adult; under 16's free. Annual permits from Visitor Centre £12.00 (£8.00 for Friends of Warnham Local Nature Reserve). Visitor Centre café and exhibition are free to enter. Sorry, NO DOGS or picnics allowed on site. Liz 01403 263920 or Simon 01403 260599
- Sat 6 2:00pm Rackham Hill 2.7 miles 1 hr 15 mins Level 2**
Walk 2043. Meet in Kithurst Hill car park (TQ070124). The car park is off the Storrington to Amberley Road (B2139). It is a left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. Rackham hill provides stunning views over Parham Park and Amberley Wildbrooks. Refreshments provided and dogs welcome. Mick 01903 745971
- Sun 7 10:00am Houghton Forest & Bignor Hill 5 miles 2.5 hrs Level 3**
Walk 3022. This walk takes in the South Downs Way, Monarch's Way, Bignor Hill and Houghton Forest. It affords wonderful views over Bury and Bignor, and includes a steep hill. Dogs welcome. Refreshments provided after the walk. Meet at the car park just off the Whiteways roundabout at the junction of the A29 and A284, BN18 9FD. Mick 01903 745971
- Sun 7 10:00am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751
- Sun 7 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 8 10:00am Pulborough Brooks (2) 5+ miles 2.5 hrs Level 2**
Walk 2102. Meet in overspill car park at Pulborough Wild Brooks visitor centre at Wigginholt. A varied walk passing through part of the reserve, fields, a vineyard and hamlets. Some stiles and some low gradients. Dogs are allowed on leads through fields and at the end of the walk there is the opportunity to have lunch or drinks at the Visitor Centre. Irene 01403 783637 / 07790 420752
- Mon 8 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 9 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2**
Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and the Countryside Centre may be open. Toilets are located next to the Countryside Centre. No dogs. Steve 07768685785
- Tue 9 10:00am Sidney Wood/Wey and Arun Canal 5.8 miles 2.5 hrs Level 2**
Walk 2072. Meet Forestry Commission car park (TQ026350) which is reached by taking the Dunsfold Road (B2130) for approximately 1 mile from Alfold Crossways (A281). The car park can be found by taking a left turn onto a track situated on a sharp right hand bend in the road just past a sign for the "Springbok Estate". A flat walk through mainly wooded countryside including an old canal tow path, lakes and views across farmland. Some stiles and can be wet and muddy. No dogs. Geoff 01403 258180
- Wed 10 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Chatter 07720 714306
- Wed 10 10:45am Rowfant Circular – Tulleys 4 miles 1.5 hrs Level 2**
Walk 2099. Meet at Rowfant Business Centre cafe, off Wallage Lane, Rowfant, RH10 4NQ. A variety of circular countryside walks start here. Gently undulating terrain, tracks, paths, fields, trees etc. On some walks we may encounter animals. Refreshments are available. Pat 01342 712591

June

- Wed 10 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Thu 11 10:00am Fittleworth 5.5 miles 2.5 hrs Level 2**
Walk 2256. Meet at Hesworth Common Car Park, on south side of the A283-B2138 junction, west of Fittleworth (nearest Post Code RH20 1JF; TQ 007192). A circular walk through heathland, woods, and farmland. A few stiles and some long but steady inclines. Good views. Could be muddy. No dogs. Lynne 01403 268157
- Thu 11 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 12 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 12 11:00am Barns Green (1) 2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 OPT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 13 9:00am Wiston/Steyning Downland Dog Walk 2 miles 75 mins Level 2**
Walk 2163. Meet at Steyning Cricket Pavilion, BN44 3LE. Please park in one of the Steyning car parks as there is limited parking at cricket pavilion. A walk for dog owners into accessible areas of the Steyning Downland Scheme and includes a hill. Supported by HDC & Steyning Downland Scheme. Maximum of two dogs per handler, you are responsible for actions of your dog. Ann 01903 297553
- Sat 13 2:00pm Fryern Park 3 miles 1 hr 15 mins Level 2**
Walk 2042. Meet at Storrington Rec. Ground C.P Car Park RH20 4BG. This lovely short walk offers uninterrupted views towards the South Downs as route goes through Fryern Park with its landscaped pleasure gardens and waterfall. Some stiles. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 14 10:00am Figure of Eight 5 miles 2 hrs 15 mins Level 3**
Walk 3033. Meet at Kithurst Hill car park (TQ070124). This walk explores the South Downs around Kithurst and includes wonderful views towards the North Downs and the coast. The Car Park is off the Storrington to Amberley Road (B2139). Take the left turn 1.3 miles from Tesco's roundabout, Storrington. After taking the turning, drive to the Car Park at the very top of the hill. The walk includes a steep hill. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 14 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 15 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 16 11:00am Steyning Health Centre Walk 2 miles 75 mins Level 2**
Walk 2276. Meet at Steyning Health Centre, Tanyard Lane, BN44 3RJ (TQ176113). Various routes taking in parts of Steyning and the outskirts. Includes some stiles and inclines. Can be muddy across fields, please wear sensible footwear. Toilets available in Health Centre. Ann 01903 297553 / Jacky 01903 815543
- Wed 17 10:00am Box Hill Circular 8 miles 5 hrs 45 mins Level 3**
Walk 3110. Meet at the Ryka's Cafe car park off the A24 at the Burford Bridge Roundabout (opposite the Burford Bridge Hotel) (TQ171519 RH5 6BY). An all day circular walk The walk will include Mickleham Downs, Box Hill and Headley Heath There will be a lunch stop at a convenient Public House on the route. Dogs welcome. Mike Powell 07855 502023

June

- Wed 17 10:00am Henfield Byways 2-3 miles 1 hr Health**
Walk 1033. Meet Henfield Library, High Street, Henfield, BN5 9HN. Lovely walk around the twittens, ginnells and snickets of Henfield. May be extended if walkers wish to walk further. No dogs. Anne 01273 493671
- Wed 17 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health**
Walk 1007. See Weekly Walks Doreen 01403 230293
- Wed 17 10:30am Storrington Riverside Walk (2) 2.5 miles 1.5 hrs Level 1**
Walk 1507. Meet at Storrington Rec. Ground C.P. (RH20 4PG). Explore Storrington's Riverside Walk. Easy, flat, well surfaced walk with pleasant views. Suitable for children's buggies. Dogs welcome, no stiles or hills. Mick 01903 745971
- Wed 17 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Thu 18 11:00am Billingshurst (2) 2.3 miles 60 mins Health**
Walk 1013. See Weekly Walks at start of Programme
- Fri 19 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 19 11:00am Southwater (1) 2.6 miles 75 mins Health**
Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles, but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **Parking charge applies at the Country Park between 1st April and 31st October.** Alex 01403 273751
- Sat 20 10.00am Newbridge Nurseries 5 miles 2 hrs 15 mins Level 3**
Walk 3153. Meet at the far end of Newbridge Nurseries carpark Broadbridge Heath (now owned by Blue Diamond). We walk to Lower Broadbridge Heath Farm and then on through fields to Rapkyns. We follow Cooks Lane to the A281 and cross over to the boundary of Farlington School. Then we walk to Byfleets Lane and continue on to the outskirts of Broadbridge Heath village. We return to our starting point via the village and new paths to Newbridge Nurseries. Dogs must be kept on a lead. Join us in the Newbridge Nurseries cafe/restaurant for refreshments. Liz 01403 263920 or Simon 01403 260599
- Sat 20 2:00pm Highden Hill & Windlesham 4.6 miles 1 hr 45 mins Level 3**
Walk 3020. Meet in Chantry Hill car park, Chantry Lane, Storrington (TQ086119). This is a circular downland walk with wonderful views using the South Downs Way and tracks around Windlesham. Includes a steep hill. Dogs welcome. Refreshments provided. Mick 01903 745971
- Sun 21 10:00am Washington, Ashington & Wiston 6.6 miles 3 hrs Level 3**
Walk 3124. A very varied and attractive walk exploring woodland and countryside with stunning views of Chanctonbury Ring. Stiles and undulations. Dogs welcome and refreshments provided at the end of the walk. Meet at Georges Lane National Trust Car park RH20 3BN. Mick 01903 745971
- Sun 21 10:00am Leechpool & Owlbeech Weekend Walk 2.3 miles 1 hr 15 mins Health**
Walk 1027. Meet at Leechpool Wood car park, Harwood Rd B2195, Horsham. Woodland walk, some of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines and can be muddy. No Dogs. Alex 01403 273751
- Sun 21 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184

June

NEW WALK

Mon 22 10:30am Rudgwick Ramble 5 miles 2hrs 15mins Level 2

Walk 2277. Meet in the second car park at Rudgwick Recreation Ground behind the Village Hall, Bucks Green, Rudgwick RH12 3JJ (TQ080329). From Horsham take the A281 Guildford Road. Directions to the Village Hall are separately signposted 'Rudgwick Hall', 'Re-cycling Centre' and 'Recreation Ground' on the left between The Haven and Loxwood Roads. The walk is a mixture of open fields and woodland, some stiles and taking in part of the Downs Link. Can be muddy. No dogs. Good refreshments back on site at the new Apple Tree Cafe. Irene 01403 783637 / 07790 420752

Mon 22 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health

Walk 1001. See Weekly Walks at start of Programme

Tue 23 9:30am Buchan Country Park (2) 2.5 - 3 miles 1 hr Level 2

Walk 2167. Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway. Largely wooded area with some open heathland, meadows and ponds. Easy walk on well defined paths. There is a Nature Reserve area and the Countryside Centre may be open. Toilets are located next to the Countryside Centre. No dogs. Peter 07923466366 Steve 07768685785

Wed 24 10:00am Rookwood Golf Course Warnham Walk 4.5-5 miles 2.5 hrs Level 2

Walk 2112. Park at the far end of the Rookwood Golf Course car park (RH12 3RR) and meet at the car park entrance. The walk is out to Warnham passing through the deer farm and park. Some stiles. After the walk we return to Rookwood for refreshments. Walking boots advised. Toilets available. Sorry, no dogs. Michael 07719 467861

Wed 24 10:30am Horsham Park Stroll 1+ mile 30 or 60 mins Health

Walk 1007. See Weekly Walks Doreen 01403 230293

Wed 24 10:45am Smallfield - Outwood 4 - 5 miles 1.5 - 2 hrs Level 2

Walk 2204. Meet at Bottle Bank/Recreation Field, Plough Road, Smallfield (RH6 9JN). From Smallfield village shops go along the large speed hump and then turn down Plough Lane. You pass the pub on the left and shortly after, on the right, is the Bottle Bank/Recreation/Football field, where you can park. A variety of circular walks, some going to Outwood Windmill. Firm underfoot or can go through open countryside, farmland, or woods. There may be stiles and it is uphill to Outwood. Pat 01342 712591

Wed 24 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2

Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184

Thu 25 10:00am The George & Dragon, Dragons Green 5.8 miles 2 hrs 45 mins Level 2

Walk 2094. Meet in the pub car park (RH13 8GE, TQ139235). A mostly flat circular walk heading north through farmland and woods. Some stiles and could be wet and muddy in places. Good food and drink available in the pub after the walk. No dogs. Geoff 01403 258180

Thu 25 11:00am Billingshurst (2) 2.3 miles 60 mins Health

Walk 1013. See Weekly Walks at start of Programme

Fri 26 10:00am Albury and Shere 6 miles 3 hrs Level 2

Walk 2226. Meet on the south side of Albury sports ground (TQ 060469). Turn off A25 to Albury but continue straight on as road bends sharp right (New Road). Sports ground about half a mile on the right. An undulating walk with plenty of interest across park and heathland. There is an opportunity to visit the old parish church in Albury before we continue through Shere and the countryside to the south of the villages. Stiles and inclines. No dogs. Margaret 01403 262311

June

- Fri 26 10:30am Westlake House Walk 2 miles 60 mins Health**
Walk 1551. Meet Westlake House, Pondtail Road, Horsham. Park on Pondtail Road OR Metrobus 61 which stops just outside Westlake House (bus stop is Cottingham Avenue). Join us for a mud free amble around the beautiful northern part of Horsham's secret Riverside Walk. Stout shoes advised. Afterwards we have been warmly invited into Westlake House Community Cafe for a coffee or tea and cake Jill 07780 701184
- Fri 26 10:30am St Mary's Church, Horsham 2.5 miles 90 mins Health**
Walk 1002. See Weekly Walks at start of Programme
- Fri 26 11:00am Barns Green (1) 2 miles 60 mins Health**
Walk 1010. Meet in new car park above the Village Hall, enter by way of the car park outside the Village Hall which is marked by yellow road markings RH13 0PT. Firm going underfoot on the outskirts of Barns Green. One gentle incline, some views but can be muddy. Well behaved dogs welcome. Chatter 07720 714306
- Sat 27 2:00pm Sullington Warren & Church 4 miles 1 hr 45 mins Level 2**
Walk 2038. Meet in Storrington Rec. Ground C.P Car Park, Storrington, RH20 4BG. This walk visits Sullington Church, a pretty little country church which predates the Domesday Book. We return via the National Trust's Sullington Warren heathland site. The route contains stiles and can be muddy. Dogs welcome. Refreshments provided. Mick01903 745971
- Sun 28 10:00am Harrow Hill 6.5 miles 3 hrs Level 3**
Walk 3035. Venturing along the South Downs Way and deep into the Angmering Park Estate, taking in Harrow Hill and Lee Farm. Hills and stiles. Great views. Dogs welcome and refreshments provided at the end of the walk. Meet at Kithurst Hill carpark. Drive from Tesco's roundabout Storrington towards Amberley along the B2139 and after 1.3 miles turn left. Drive to the very top of the hill. Mick 01903 745971
- Sun 28 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins Level 2**
Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. Jill 07780 701184
- Mon 29 10:30am Handcross Jaunt 5 miles 2 hrs 15 mins Level 3**
Walk 3157. Meet in Car Park, northern end of Handcross on B2110 by sports pavilion/children's play area (RH17 6BJ) near Water Lane. There is no parking P sign, just a yellow height barrier near and on the same side as Water Lane. A variety of walks start here gentle undulating ground, tracks, paths, woodland etc. Quite shady but can be muddy in parts after rain. No dogs. Jill 07780 701184
- Mon 29 10:45am North Heath, Horsham 2 miles 30 or 75 mins Health**
Walk 1001. See Weekly Walks at start of Programme
- Tue 30 10:00am Leechpool & Owlbeech Woods (1) 2 - 3 miles 60 - 90 mins Health**
Walk 1005. Meet at Leechpool Wood car park (Roffey End), Harwood Road (B2195), Horsham (TQ194313). Gentle slopes, some narrow paths, can be muddy, generally easy walking. Various routes. First timers and families very welcome. No dogs. Alex 01403 273751

This Walks Programme is managed by Horsham District Council which is responsible for the processing of your personal data and is the data controller for all such information. We regard your privacy as very important. Any personal information you provide us with will be dealt with in accordance with our Privacy Policy and the Terms of Use and will only be used in relation to this scheme.

Chatter Cheema, Health Walks Coordinator; 07720 714 306 email: chatter.cheema@horsham.gov.uk