

This route east of Nuthurst takes in a lovely wooded area. It also affords some great views of the South Downs.

1. Starting from the Architectural Plant Centre, Cooks Farm, just off Nuthurst Street follow the tarmac road past the car parks round to the left. At the junction take the bridleway uphill on your right and then to the right. Continue along the bridleway and walk past the outbuildings of the nursery on your left. When the track changes from tarmac to mud carry straight on ahead.

2. Just before Potter's Cottage look out for the bridleway sign on your right. Bear right onto the track leading into the woods. Continue straight ahead along this track. After a while you will come across another bridleway sign. Follow this to the right. You will be walking through Lodgesale Wood for about three-quarters of a mile. At the end of the woods you will come up against a cottage on your right. Walk past this and out into Prings Lane.

3. Turn left along the lane, but almost immediately turn right into Newell's Rough through the gate. You will see the bridleway sign for this on right once you are through the gate. Carry straight on along the bridleway. Ignore the gate on your left and continue to follow the bridleway to your right. Pass two ponds on your right. About half a mile along this path you will cross a stream. Carry on straight ahead uphill for a short distance.

4. Turn right downhill at the T-junction of bridleways. Take the second turning on

the right in about 100 metres or so (ignoring a footpath on your right before that) onto a narrower path through the trees. You will now be heading downhill again. Crossing another footbridge carry on up the slope and out the woods.

5. Climb over the stile and carry straight up along the right-hand edge of the field. At the far right-hand corner of the field, climb over another stile. Carry on straight ahead along the farm track for about half a mile until you reach the lane.

6. Turn right out of Green Acres farm track, following the bend downhill, and then right into Newell's Lane.

7. Almost immediately, turn left over the high stile next to the five-bar gate. Keep going all the way along the left-hand edge of the field, following the footpath sign. Cross over another stile, next to a gate, and keep straight ahead along the left-hand edge of this field as well.

8. Cross another stile into an overgrown area. Pass through a gate on your right (ignore the gate that bears the sign "Private woods" on your left) and follow the footpath across the field, which goes diagonally uphill to the far right-hand corner. Beautiful views of the Downs can be enjoyed from this field.

9. After climbing the stile, follow the footpath straight ahead into the woods as sign-posted. Turn right at the T-junction and walk downhill along the edge of the trees.

10. Turn left through the gate, and go straight across the field, which may have crops in depending on the time of year. Turn right at the far fence and follow it downhill along the edge of the field to the road. Cross the stile and head back to the start of the walk.

